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MANUAL
OF
SPECIFIC
HOMOEOPATHY

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Humphreys, Frederick
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Humphreys' Specific
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For List of Specifics, see pages
122 to 131.

MANUAL.

INTRODUCTORY.

AS it is the duty of every man to do all the good he can, and the duty of every physician to cure whatever of disease, relieve whatever of suffering, and prolong whatever of life he may ; so it is my duty to place the means for attaining these objects in the hands of the people, in the manner best calculated to reach the greatest number and accomplish the greatest good.

A large and important part of medical practice is, and must ever remain, in the hands of the people. The first stage of every disease is commonly treated by parent, nurse, friend, or the patient himself, and it is all-important that they should be informed upon the subject, and provided with simple and effectual

means of cure. Nine-tenths of all diseases may be cured promptly, as the experience of thousands who have long used the HOMEOPATHIC SPECIFICS shows, if they but have and apply the proper means at once ; while a large proportion of aggravated and fatal cases may be traced to early neglect.

The system of HUMPHREY'S HOMEOPATHIC SPECIFICS contains remedies for every morbid condition which it is proper for an amateur or family to treat, and especially for all those diseases whose attack is sudden, and where prompt aid is demanded. Also for those delicate ailments which it is unpleasant to disclose to a physician, and yet a freedom from which contributes so much to the happiness of life,—and for those chronic ailments which are only cured by the persistent use of some single Specific. Without aiming to exhaust the subject, it affords *plain, short and simple* directions for the treatment and cure of the diseases of which it treats, and thus places in a few pages information which would be sought in vain in a large work and a great variety of medicines.

THE GREAT FEATURE of this system is, that by the administration of SPECIFICS prepared by a skillful physician who has devoted his life to the subject, all intricacy and embarrassment

in the selection of the proper remedy is avoided. The layman may at once know WHAT TO GIVE, and HOW TO GIVE IT, and thus act with a degree of certainty and positiveness which is an important element of success. More than one hundred thousand families use no other medicines or curative means, and are rarely seriously ill, or have need to call a physician, from the simple fact that these HOMEOPATHIC SPECIFICS are kept on hand, and at the earliest symptoms of disease are applied and the disease cured before it has had time to become serious.

These SPECIFICS are only efficient in curing disease. If taken by the healthy or by accident, they produce no injurious effect, nor if taken for a long time by children, feeble or infirm persons, will they induce disease, nervousness, or any other evil effect, but the contrary. Persons become more firm and vigorous, and less liable to the attacks of disease, from their habitual use. They cure, not because they are strong medicines or violent poisons, as some have supposed, but because they are *adapted* to the cure of disease, and have a *specific* relation to it.

In the manner in which these SPECIFICS are prepared, their virtues will hold good for

YEARS, if subjected only to ordinary exposure. Yet it is not wise to keep them in drawers where OTHER MEDICINES, TOBACCO, CAMPHOR, HARTSHORN, SCENTED SOAPS, OR OTHER VOLATILE SUBSTANCES ARE KEPT, or to permit them to bleach out in the direct light of the sun. It is better to keep them in their case, or in a cleanly, cool, dark place ; thus kept, they may be relied upon for *any number of years*.

The system of HOMEOPATHIC MEDICINE was discovered and introduced by the immortal HAHNEMANN in Germany, eighty years ago, and the practice has extended to every part of the civilized world. Though eminently successful in the hands of skillful and scientific physicians, it is far *too intricate and too technical for domestic practice* by the people. And its success in their hands in curing disease *will not compare with that of this system of Specifics*.

SPECIFIC HOMEOPATHY consists in the discovery of a particular remedy or specific for EACH PARTICULAR DISEASE. This is accomplished according to a law of combinations first announced by me to the profession nearly twenty-five years ago, and since elaborated and extended to the whole series of my SPECIFICS. Their use has extended over the entire country,

and hundreds of thousands of families find them by far the most SIMPLE, CONVENIENT, and RELIABLE OF ALL DOMESTIC REMEDIES.

The superiority of HUMPHREYS' HOMEOPATHIC SPECIFICS over every other form of medicine is, briefly:—

THEY ARE SIMPLE—so that no mistake can be made in selecting or giving the remedy.

THEY ARE HARMLESS—so that if taken by mistake or accident, no injury results.

THEY ARE CONVENIENT—meeting at once numerous ills and ailments, to which all are exposed.

THEY ARE EFFICIENT AND RELIABLE.—By their timely use five-sixths of all diseases are arrested without making one sick or calling a physician; thus saving a vast amount of suffering and a multitude of lives.

DIET AND REGIMEN OF THE SICK.

The diet and regimen of the sick is a matter of importance. Often a disease is aggravated and prolonged by improper food or business, and some diseases at their commencement may even be entirely cured or warded off by observing a proper regimen for a few days. Other diseases again owe their existence to some

improper habit, mode of life, or business of the patient ; and it is folly to think of getting well under any treatment while the *producing cause* is acting. A recovery is only to be expected with a change in habits, business, or living. We cannot specify for every case ; much must be left for the good judgment and discretion of the patient ; but, in general, sick people need but little to eat, and that of the plainest, and yet most nourishing and easily digested kind that can be procured—not too often, or too much, or too many things. If there is no appetite, nature indicates but little or no food should be given, as that which is taken, unless easily digested, will not be readily assimilated, and may hence do more harm than good ; and while some things may be digested and prove nourishing, others may act as mere irritants, often aggravating the disease or retarding recovery.

In general, when patients are confined to their room or bed, the following are among the most easily digested, nourishing and wholesome kinds of food: Indian-meal, or oat-meal, or farina gruel, (which should be thoroughly cooked) or milk-toast and boiled rice ; for drink, toast-water, rice-water, and drinks made of fruit-jellies, or any ripe or dried fruits, and

apples or other fruits baked or stewed, except in diarrhea and dysentery. As persons recover, the diet may be more liberal and nourishing, and yet they should avoid the danger of relapse from over-eating. Feeble persons need meat-soups, beef-tea, fish and fowls variously prepared, and sometimes wine and other stimulants, but always in moderation, remembering that there is more danger from eating or drinking too much than too little. Lemonade may be allowed in fever and rheumatism. Coffee and green tea are medicinal; cocoa and black tea are better, and may be permitted. Coffee and green tea should only be allowed to the sick where persons have become habituated to their use, and suffer from their deprivation; and those who are watching, or performing severe or long-continued labor or mental toil, are wonderfully sustained by an occasional cup of tea or coffee, and the waste of the system is thus prevented to a great degree. Tobacco should only be used in moderation, if at all; although its moderate use, to persons accustomed to it, may not be injurious to the action of medicines.

Exercise is important to the invalid and those of sedentary habits; yet, to be useful it should be attended with pleasurable excitement and

freedom from labor or anxious thought. In walking for exercise, it is better to go on some errand or for some purpose rather than for the mere walk itself. In acute diseases exercise is rarely required until convalescence is fairly established, and must then be used in moderation. If exercise exhausts one, excites vertigo, dizziness, or occasions pain or great fatigue, it will not prove beneficial. This is especially the case with sick and feeble persons, and may be considered a general rule.

HOW TO PRESCRIBE AND TAKE THE MEDICINES.

In general, and for slight affections, after having first looked over or read the Manual, a glance at the indications on the inside cover of the case will be sufficient to show what particular Specific is to be taken for any disease or symptom. Yet it is well to read over, in the Manual, the description of the disease or affection which is supposed to be present. Read also the directions carefully, and then follow them strictly, *using no other medicines and making no applications* except such as are directed in the book, or on the wrapper. If the directions are to take the Specific dry, six pellets should be placed in the mouth and slowly

dissolved there without being chewed or swallowed whole. The vial should not be turned against the tongue or breathed into, or the pellets turned into a moist or perspiring hand.

If the Specific is to be taken in fluid form, dissolve twelve pills in six dessert-spoonfuls of pure spring or well-water, by crushing and stirring the medicine until it entirely disappears. (For grown persons a table-spoonful, and for children or infants a dessert or tea-spoonful is a proper dose.)

In many instances two or more Specifics may be given *in alternation*, that is, first one and then the other, at proper intervals.

This is done when one specific does not seem to meet the entire case; or where a patient appears to have the symptoms of two or more complaints at the same time, as for instance, Cough and Fever, or Catarrh and Dyspepsia, or Headache and Dyspepsia, or some Gastric Derangement, or Dyspepsia and some form of Kidney or Urinary Disease. Often it is better to give the *one Specific* for the most prominent symptom or complaint, in repeated doses, until that symptom is subdued, and then administer the next most fitting Specific for the remaining symptoms. Frequently it will be found that the *less prominent* complaint has disappeared

under the action of the Specific given for *more important* ones, and the entire disease has vanished. Or, after having given the second Specific a trial, we can go back to the use of the first one again with better results, as the condition of the system has been modified by the action of the last medicine.

But an ALTERNATION of SPECIFICS, and sometimes a rotation of them, is allowable; and if the Specific apparently called for does not produce the proper result after a fair trial, then apply the next most indicated one, or give the two IN ALTERNATION. That is, give a dose of one Specific as directed, and after waiting the proper interval, give a dose of the next Specific, and after the proper interval, give the first one again, and so on in alternation at such intervals as the disease or complaint requires.

The best time for taking medicine is in the morning on rising, half an hour before meals, and at night on retiring to rest.

* The REPETITION OF DOSES depends upon circumstances. In ACUTE DISEASES and in urgent cases the Specific acts best when dissolved in pure water, and a spoonful given every fifteen minutes, half-hour, hour, two or four hours, according to the urgency of the case, bearing in mind this rule, to DIMINISH THE

FREQUENCY OF THE DOSES AS THE PATIENT IMPROVES. In most cases of CHRONIC DISEASE, a dose in the morning and at night will be sufficient, or at most four times a day, that is, before each meal and on going to bed. It is not the quantity or frequency of doses, so much as the appropriateness of the remedy, which cures the patient, and if a small quantity will not cure, there is but little hope of a large one.

DISEASES AND TREATMENT.

FEVERS.

FEVERS begin usually with a precursory stage, lasting some days, consisting of depression, pain in the limbs, headache, coated tongue, turns of vertigo, loss of appetite, or general lassitude. After this there is either a cold chill or chilliness for a day or two, which is followed by high fever, with headache, sleeplessness, often delirium, full, quick, hard pulse, quick respiration, vertigo on rising or sitting up, sometimes vomiting, costive bowels, etc.

This stage continues some days, depending upon the character of the fever and treatment, after which the pulse by degrees abates, the skin gradually becomes moist, the tongue cleans

off, appetite and strength improve, and the patient becomes convalescent.

VARIETIES OF FEVER are not always sharply defined, and occasionally a fever assumes a particular character in its progress, or begins in one form and changes into another.

INFLAMMATORY FEVERS are characterized by a strong, quick pulse, hot skin, red face, severe headache, hurried respiration, thirst, restless tossing, and sleeplessness. The symptoms are worse in the evening and are better after midnight and toward morning.

TREATMENT.—In this form of fever, only the SPECIFIC NO. ONE is required. Dissolve twelve pills in a drinking glass half full of water, and of this give a tablespoonful to an adult, or a teaspoonful to a child, every hour for the first day or two, or until the force of the disease is broken, then at longer intervals until cured. It generally yields after a day or two.

BILIOUS OR GASTRIC FEVERS.

The precursory stage is marked by decided bilious derangement, with bad taste, coated tongue, headache or backache, and costive bowels. This, after a day or two, is succeeded by a strong chill, followed by *sharp, pungent*

heat, violent headache in the forehead, bad taste in the mouth, heavy-coated tongue, bitter, bilious vomiting, highly colored, scanty urine, constipation, sleeplessness, and generally delirium, hurried respiration, and sharp, quick pulse, and often tenderness of the bowels.

It may continue seven or fifteen days, and is sometimes marked with decided remissions of some hours, when the fever returns again as before, or it may terminate in Fever and Ague.

TREATMENT.—In this disease, the FEVER PILLS NO. ONE, and BILIOUS PILLS NO. TEN are required. Dissolve twelve pills of SPECIFIC NO. ONE in six spoonfuls of water in one glass, stirring carefully with its separate spoon, and as many of NO. TEN in another, prepared in the same manner, and give every hour a large spoonful *alternately* of the two glasses, first from NO. ONE, and next from NO. TEN, and so on until the disease is subdued. After twelve or twenty-four hours one dose every two hours will be sufficient. Improvement will occur in a day, and the disease will be carried to a favorable termination.

In the invasion stage, six of the SPECIFIC PILLS NO. TEN, every two or three hours for a day or two, will prevent the attack of fever and restore the system.

TYPHOID OR TYPHUS FEVERS

are marked by great weakness and prostration of the system, fever usually not so high, but early delirium, dry or dark-coated tongue, sleeplessness, or deep, profound sleep, pain in the head and back. This form of fever often continues from fourteen to twenty-one days, or even longer, runs a slow course and is not unfrequently of very dangerous character.

The treatment is often successful by giving the SPECIFIC NO. ONE, dissolved in water, as directed for other forms of fever, alternately with the SPECIFIC NO. SIXTEEN; experience having shown that this latter specific is very efficient, not only for Fever and Ague, but for low fevers of every grade. Give these two medicines alternately in fluid, a dose every two hours, prepared as directed in BILIOUS FEVER, so long as the disease continues.

GENERAL DIRECTIONS.—In the treatment of all forms of fever, it is of importance to keep the room well aired and lighted, scrupulously clean, with frequent change of linen and bedding, plenty of pure cold water to drink; the body, hands and face should be frequently sponged off with tepid or cold water. Give toast-water, gruel, or rice-water for drink, or

drink made of any mild, fresh or dried fruits, except when there is diarrhea. After the fever is broken, gradually return to a more substantial diet, beginning with toast, baked apples, rice, beef-tea, fish, or similar articles.

When low forms of fever are prevailing, the SPECIFIC NO. ONE, six pills taken each morning and night, will serve to fortify the system and prevent an attack, as experience amply demonstrates.

MALARIA AND FEVER AND AGUE.

This disease, when fully developed, and of simple type, consists of three stages—the cold stage or chill, the heat, and the sweating stage. *During the chill* there is usually, yawning, shivering, blue nails, thirst, headache, backache, pain in the limbs, nausea, and even vomiting, etc. *During the heat*, headache, sometimes delirium, hot skin, quick pulse. This is usually followed by a profuse, long-continued perspiration. The entire paroxysm, however, may be modified, as the hot and cold stages may be mixed, or the hot stage precede the cold, or the sweat be entirely wanting.

The paroxysm may return every day, every

second day, or even at longer intervals, often advancing an hour or two.

Directions.—AS A PREVENTIVE: Persons residing where Fever and Ague is prevalent, or those travelling in such regions, along rivers, low lands, swamps or marshes, may be protected from the disease by simply taking six pellets of SPECIFIC NO. SIXTEEN, every night and morning, avoiding also damp night air, over-heating in the sun, excessive fatigue, or too heavy food, or other exciting causes. If there are symptoms of its approach, such as depression, headache, bad taste in the mouth, chilliness, and pain in the limbs, take six pills of SPECIFIC NO. SIXTEEN every three hours during the day, avoid fatigue, and live on very light, easily digested food.

TO CURE THE DISEASE: For chills which return *every day*: take, one hour before each chill is to come on, six of the NO. SIXTEEN pills, permitting them to dissolve in the mouth; then take no medicine until the paroxysm is over and the sweat partially subsided, when six more Pills are to be taken; and thus continue until the disease is broken. Then six Pills every night and morning for four weeks to prevent a relapse.

For chills which return *every other day*:

take six pills one hour before each paroxysm comes on, and six more after it has passed off; then, during the well day, take six pills morning, noon and night. In all other cases, take six pills morning, noon and night. After the chills have subsided, continue the same for four weeks, to prevent a return of the disease, and avoid exposure, heavy indigestible food, or severe labor. For children, give one-half as much medicine as for adults.

For DUMB AGUE, CHILL FEVER, MALARIAL FEVER, and other forms of irregular ague, simply take six pills of the SPECIFIC NO. SIXTEEN, three times per day.

CASES of MALARIA or FEVER and AGUE that do not yield to SPECIFIC NO. SIXTEEN, often yield to SPECIFIC NO. TEN and the NO. SIXTEEN, given in alternation, at intervals of three hours.

Use no coffee or rich heavy food, while you have the disease, or during convalescence, as a hearty meal often provokes a relapse. The disease is frequently better the first chill after taking the medicine, and will be permanently cured by perseverance in its use.

For the results of Fever and Ague, and the bad effects of the Quinine, Arsenic, Chola-

gogue, and other deleterious drugs so often used to suppress the disease, usually manifested by the following symptoms: vertigo, ringing in the ears, deafness, enlarged spleen or ague-cake, swelling of the limbs, general feebleness and debility, coated tongue and liver complaint—for these symptoms, all of which may in greater or less degree follow the use of Old School drugs, or nostrums, the SPECIFIC No. SIXTEEN, six pills four times per day, are required. In these bad complications, the cure may require time, but will be perfect and permanent.

YELLOW FEVER.

This very destructive form of fever prevails in hot climates, during the Summer season, in the large cities and towns on the sea coast, or along the large rivers. It is severe or pernicious in proportion to the quantity of undrained land, marshes, and accumulation of putrid filth or refuse matter in its immediate vicinity. It rarely springs up spontaneously unless germinated by masses of decayed animal or vegetable matter, but is more commonly brought in by some one who has it, and from thence spreads in a circle around. Acclimated persons and

those who have once had it are least liable, though not entirely exempt. The mortality is one-third under the usual treatment; but much more favorable under the Homeopathic.

The attack of Yellow Fever is usually abrupt. In some cases there may be precursors—a slight depression, loss of appetite, languor, pain in the head, and chilly sensations for a day or two. This is followed by a chill, or rigors, generally moderate, soon followed by intense fever, rapid pulse, high temperature, headache, backache, pain in the limbs, and sometimes vomiting, retention of urine and costiveness are also present. The eyes are *reddened, irritable* and watery. Mind usually clear, but sometimes delirious.

This febrile movement continues from twelve hours to three days, and is followed by a remission of the fever or abatement of all the marked symptoms, and the patient and friends often think the disease is over, but the lull is usually deceptive. There remains a voracious appetite, indigestion, a yellowish tint in the eyes, and mental depression, which are of ominous import. But in mild, well-managed cases this may be the beginning of convalescence.

In grave cases, however, this lull is deceptive, and after a period of a few or even twenty-four hours ushers in the third stage, or that of *collapse*.

The pulse falls to its natural standard, or even down to forty or thirty per minute, and is weak and easily compressed, and the surface is cool. There is increasing yellowness of the skin and whites of the eyes; burning pain in the throat, stomach and bowels; dark colored urine; diarrhea; restlessness; delirium; hiccough, and the much dreaded *black vomit*, a fluid resembling coffee grounds, or soot, or snuff suspended in water, and which is really *decomposed blood*, is from time to time thrown up. This matter is sometimes ejected in quantities and with force, at others a mere regurgitation, sometimes acrid, excoriating the mouth and gums. The tongue is frequently reddened, dry and cracked. In advanced stages blood-boils may appear, and hemorrhage from various parts or organs are common. The urine is suppressed or albuminous, and coma and convulsions may occur, and the end terminates by exhaustion or syncope. There are occasionally the so-called *walking cases*, where the patient does not take to the bed at all, but continues in a half-delirious state about his business, or moving around, until a few hours before death.

Treatment: AS PREVENTIVES while the disease is prevailing, take six pellets of SPECIFIC No. ONE, morning and afternoon, and six

pellets of SPECIFIC NO. TEN at noon and at bedtime. This should protect the system, or render very light any attack which may occur.

When an attack comes on the patient should at once retire to his room and dissolve *twenty pellets* of SPECIFIC NO. ONE in a glass half full of water, of which a large spoonful should be given every hour. This should be continued without interruption, except the patient sleeps, through the entire first or stage of fever.

When the remission of fever comes on, making the end of the first and beginning of the second stage, the SPECIFIC NO. TEN should be given, twenty pellets in half a glass of water, of which a large spoonful should be given EVERY TWO hours, alternating with NO. ONE. This treatment, the alternation of SPECIFIC NO. ONE and NO. TEN, at intervals of two hours, should be continued through the entire course of the disease, or until the fever has all disappeared, and there is coldness of the surface, weakness and decided prostration, or *appearance of black vomit*, at which the SPECIFIC NO. SIX should be substituted for the NO. ONE. The SPECIFIC NO. SIX should be prepared in the same manner as the NO. TEN, twenty pellets in half a glass of water, of which give a large spoonful at intervals of two hours, first

a spoonful of No. SIX, and next time of No. TEN, and so on. The only other medicine to be given *for the black vomit* beside the SPECIFIC No. SIX, is the Marvel of Healing, of which a teaspoonful may be given for this decomposed hemorrhage, with great benefit, the intermediate hour. Should the urine become suppressed or very scanty a dose or two of SPECIFIC No. THIRTY, six pellets in a spoonful of water, will soon relieve. After the vomit has been relieved and convalescence established, the SPECIFIC No. TEN may be relied upon, given three or four times per day for restoration.

ACCESSORY MEANS.—The importance of cleanliness in so contagious and serious a disease is apparent. Discharges and all soiled linen must be quickly removed and disinfected, and the air kept as fresh and untainted as possible. During the chill give a hot foot-bath, and during the heat frequent spongings of the entire body and limbs with tepid vinegar and water. The diet during the first stage should be simply, toast bread or crackers soaked in weak black tea. In the second stage, rice, milk, and arrowroot may be added to the diet; and in the third or stage of prostration, ice-cream, or champagne, beef-tea, or whey may be necessary. The patient should

remain in bed comfortably but not oppressively clothed during the entire course of the disease.

I do not recommend in general the treatment of such formidable diseases as Typhus, Cholera, or Yellow Fever, by unprofessional persons. But there are times and epidemics when competent medical attendance cannot be obtained, and where these simple directions may prove of inestimable value in treating and arresting disease and saving life.

FEVERS OF CHILDREN

are common at from one to ten years of age, and are often brought on from over-fatigue, exposure to the heat of the sun, cold drafts of air, improper food, worms, etc., and are generally attended with red face, swelling and throbbing of the veins of the neck, hot head, quick pulse, and rapid breathing. Such Fevers find their prompt cure in the SPECIFIC NO. ONE, which soon quiets the fever, induces perspiration, and thus cures the disease.

In all such cases, dissolve twelve pills of the SPECIFIC NO. ONE, in six tea-spoonfuls of water, of which give one spoonful every hour until six have been given. Then dissolve twelve more pills of the same Specific in the

same manner, and give a tea-spoonful every two hours, or until profuse perspiration comes on and the disease is broken. Give freely of water, and often sponge off the body with tepid water. Keep them on very low diet and quiet until relieved. This is the proper treatment for all forms of fevers and even inflammation in children.

SCARLET FEVER is usually considered a very formidable disease, but under Homeopathic treatment it has lost much of its terror. Its first symptom is, usually, vomiting, soon succeeded by violent heat, very rapid pulse, and sore throat, which may be known by the pain on swallowing, and soon a rash or reddish efflorescence spreads over the body, commencing on the arms, neck, breast and face, until the disease has reached its height, when it becomes faint yellowish, and the outer or scarf skin flakes off in patches, or in minute branlike scales. Such is the usual course of mild Scarlet Fever or Scarletina, but it may become complicated from an irregular development, ulcerated throat, or other symptoms. In mild cases, it runs its course in five or seven days; but may last a much longer time.

Treatment: AS PREVENTIVE while Scarlet Fever is prevailing, give each child two

Pills of the SPECIFIC NO. ONE morning and night. This will usually protect the system. If the disease has commenced with vomiting, sore throat, or fever, dissolve twelve pills of the SPECIFIC NO. ONE in a tumbler half full of water, and of this fluid, prepared anew in like manner every day, give one tea-spoonful every hour during the height of the disease, extending the intervals to two hours as the disease is subdued. If the eruption remains obstinate after some days, and the sore throat or canker unyielding, it is wise to alternate the SPECIFIC NO. FOURTEEN, prepared in the same manner with the NO. ONE, one dose every two hours alternately. This remedy is also efficacious at the close of the disease, to relieve the itching and assist desquamation, and thus prevent bad after diseases. Sponging the child with tepid water is very grateful and useful through the entire course of the disease.

If *swelling of the glands* under the ears or about the neck occurs, give four pellets of the SPECIFIC NO. TWENTY-TWO each morning and night, and the NO. ONE during the day, as above.

If *dropsical* swelling of the limbs or body occurs toward the close or after the disease has subsided, give the SPECIFIC NO. TWENTY-FIVE, four pills four times per day until cured.

MEASLES prevail usually toward spring, and is generally a mild, easily-managed disease. It commences with symptoms of a cold, sneezing, flow of tears and slight redness of the eyes, and soon a *hoarse, loose* cough, which is characteristic of the disease. The rash appears first on the face in minute pimples in clusters, with a reddish blush, deepening and increasing as it comes out, first day upon the face and neck, next upon the body, and third day extending to the lower extremities, by which time it grows fainter upon the face, and disappears in the same manner. There is fever, loose cough, hoarseness, etc.

Treatment: Give the SPECIFIC NO. ONE, prepared as directed for SCARLET FEVER (page 27), every two hours, and continue this treatment through the entire course of the disease. If the measles do not *come out well*, do not be alarmed about that: keep the patient warm, give some warm tea or nourishing soup, or hot foot-bath. If the cough is troublesome, alternate the SPECIFIC NO. SEVEN with the NO. ONE. If very hoarse, give a few doses of the SPECIFIC NO. THIRTEEN. If the eyes are at all red, inflamed, intolerant of light, the SPECIFIC NO. EIGHTEEN will be found to act like a charm, and for any weakness of sight remaining, in

consequence of measles, the same Specific may be relied upon, two pills three times per day. Care should be taken during the measles to prevent taking cold, as serious diseases of the lungs may arise as a consequence.

SMALL-POX is easily managed by keeping the patient quite cool, especially *when the pox is coming out*; cold room, no fire, and giving the No. ONE and No. FOURTEEN Specifics dissolved in water, one dose every two or three hours, prepared as directed on page 11. The same treatment for modified Small-Pox or VARIOLOID. CHICKEN POX rarely requires more than a few doses of the SPECIFIC No. ONE; if new crops of pox come out, No. FOURTEEN is the Specific.

MUMPS are known as the somewhat hard and sensitive swelling of the parotid gland in front of and below the ear, on one or both sides. It is attended with fever, and *pain when chewing*, especially any firm or hard food. It passes off in three or four days, and is rarely dangerous, but may sometimes fall upon the brain, producing delirium, or if the patient is chilled, may fall upon other parts, producing swelling and other mischief.

Treatment: Give the SPECIFIC No. ONE, twelve pills in six spoonfuls of water, one

spoonful every two hours, and two or three times per day six pills of Specific No. TWENTY-TWO. Should any swelling of the glands, or other affection remain, the use of the No. TWENTY-TWO will remove it. Should the disease fall upon the urinary organs, the Specific for that condition, No. THIRTY, will soon relieve.

CONGESTION AND INFLAMMATION OF THE HEAD occur in children, with violent fever, red and hot face, swelling and throbbing of the blood-vessels of the neck, sleeplessness and delirium, or deep, drowsy sleep, inclination to lie down, with pain in the head, increase of the pain and distress, and even vomiting, on being held up, great intolerance of light and noise. These symptoms find their remedy in the SPECIFIC No. ONE, twelve pellets of which should be dissolved in six tea-spoonfuls of water, of which give a spoonful every hour at first, and then every two hours as the case improves. Meantime, put cloths wet in tepid water, on the head, and renew them as often as they get hot. Sponge off the face and hands, and even the whole body occasionally, with water.

CONGESTIONS OF THE HEAD occur in children and adults in a slighter or less violent form than mentioned above ; with a sense of fullness and heaviness of the head, heat and redness

of face, vertigo or giddiness, especially on turning or looking upward, throbbing headache, and sometimes intolerance of light, drowsy, stupid feelings, desire to sleep by day and sleepless at night, frequent nosebleed, with relief, cold hands and feet. In mild cases, six pellets of the SPECIFIC No. ONE, taken three or four times per day, will soon afford relief; but if the case is more violent, it is better to dissolve twelve pellets in half a glass of water, and of this take a spoonful every one or two hours until relieved, and then, morning and night, six pills dry on the tongue, or if the affection is of some standing, No. NINE may be taken alternately with the No. ONE.

Old Cases of Congestion to the Head, with heat, fullness and vertigo, are entirely cured by taking the No. TEN at night, and No. NINE in the morning.

SORE THROAT OR QUINSY begins with redness, heat, swelling of the throat, tonsils, uvula and soft parts, difficult swallowing, and it sometimes terminates in suppuration. Dissolve twelve pills of the SPECIFIC No. ONE in water, (half a glass,) and take a spoonful of this solution every hour. If not soon relieved, take the SPECIFIC No. THIRTY-FOUR, prepared in the same manner, alternately with

NO. ONE. Apply cloths kept moist with the Marvel of Healing to the throat, and keep indoors on low diet until relieved.

DIPHTHERIA and ULCERATED or MALIGNANT SORE THROAT. It is convenient to treat these diseases together, as the amateur may not be able to distinguish the one from the other, and the treatment is the same. It may be mild, but is often a very formidable disease.

DIPHTHERIA usually commences in children, with dullness, inclination to sleep, swelling and soreness of the throat, indicated by difficulty in swallowing, and frequently vomiting. Fever, heat, and redness of the face, increased difficulty of swallowing, soon come on, and on examination, after a time, the appearance of *patches of dirty washleather-like membrane* in the throat, or ulcerations in advanced cases, with difficulty of breathing and prostration.

Treatment: To prevent the disease, give children each morning two pellets of SPECIFIC NO. ONE, and at night two NO. THIRTY-FOUR Pills ; so alternate (while the disease is prevailing) and carefully avoid exposure.

FOR AN ATTACK of diphtheria or of severe or ulcerated sore throat, give alternately the SPECIFIC NO. ONE and the NO. THIRTY-FOUR

in water, thus : dissolve twelve pills of SPECIFIC No. ONE in a tumbler half full of water, and the same number of No. THIRTY-FOUR in another glass, with a like quantity of water, stirring each well with separate spoons. Give to adults a table-spoonful, and to children a tea-spoonful of the fluid, first of one, then of the other, at intervals of half-hour, hour, or two hours, according to the urgency of the case; and this continue until cured. The diet should be easily digested and nourishing, toast-water, farina, or other gruel, good sweet milk, and beef-tea, during the disease, and apply cloths wet in the *Marvel* to the throat.

CONGESTION OF THE CHEST is of frequent occurrence in persons about the age of puberty, and also in adults. It is usually attended with a feeling of oppression of the chest, anxiety, tightness and heaviness in the chest, as if it were too small or contracted; some a short, irritating cough, with throbbing and palpitations of the heart. It is often brought on by exposure or the use of stimulants, and may be followed by bleeding from the lungs. Twelve pills of SPECIFIC No. ONE, dissolved in half a glass of water, of which a dessert-spoonful should be taken every one or two hours, will soon remove the difficulty. In mild cases, six

pellets of SPECIFIC NO. ONE taken dry, three times per day, will suffice.

INFLAMMATIONS are much the same, in whatever part of the system they occur. There is usually a precursory stage, manifested by depression and a chill; but when located, the inflammation is known by the *pain, heat, redness and swelling*, which always attend.

PLEURISY, STITCHES IN THE SIDE. There is a form of *False Pleurisy*, which is an affection of the muscular tissue of the chest, and may be known by the sharp pain and soreness along between the ribs, and from its coming on *without a chill or fever*. This is readily cured by the Specifics No. ONE and No. FIFTEEN, taking six pellets every two hours in alternation until relieved.

TRUE PLEURISY comes on suddenly and violently, with a shivering chill, fever and sharp stabbing pains, called *stitches in the side*, generally just below the nipple, and on one side. The pains are worse by coughing, pressure, *or deep inspiration*. There is also short frequent dry cough, parched tongue, flushed face, hard quick pulse, scanty red urine. The patient lies on the back or affected side. If the lung is involved the sputa will be copious and *streaked with blood*. If not relieved adhesions between

the pleural surfaces take place or an effusion of fluid into the pleural sack, with very serious consequences.

Treatment: At once dissolve twelve pellets of Specific No. ONE in six large spoonfuls of water, of which give a spoonful every hour. Apply also hot wet cloths to the affected side and give a hot foot-bath. After six hours prepare Specific No. SEVEN in the same manner as No. ONE, and give of the two alternately at intervals of one hour, and as the patient improves of two hours until the disease is cured. Care must be taken to avoid exposure and not to go out too soon.

PNEUMONIA OR INFLAMMATION OF THE LUNGS is a disease of frequent occurrence and of dangerous character. It may effect one or both sides of the chest, the double form being of course the more serious. It often comes on insidiously with restlessness and some fever, and sometimes is well seated before its true character is known. There is a deep-seated dull pain or oppression under the shoulder blades or breast bone ; feeling of decided illness ; frequent short cough, and expectoration of sticky adhesive matter of a green, yellow or pale color usually tinged or mixed with blood, and so adhesive that the vessel may be inverted with-

out detaching it. Profuse green expectoration is a serious symptom. The breathing is hurried and difficult; skin hot over the ribs and arm-pits; the nose is dry, eyes tearless; thirst; interrupted hesitating speech. The pulse varies, sometimes rapid and full, at others hard and wiry, or quick and weak; the urine is red and scanty and sometimes scalding; and the patient lies on the affected side or on the back. There is dullness over the affected part on percussion, and on applying the ear crepitation may be heard, a sound resembling that produced by rubbing a lock of hair close to the ear.

Treatment: At once dissolve twelve pellets of SPECIFIC NO. ONE in six large spoonfuls of water, of which give a spoonful every hour. Give also a hot foot-bath, and apply cloths wrung out of hot water to the chest, covered with dry flannel if the oppression is severe. After six or twelve hours use of SPECIFIC NO. ONE every hour as above, the SPECIFIC NO. SEVEN may be prepared in like manner, twelve pellets in six large spoonfuls of water, of which give in alternation with the SPECIFIC NO. ONE, a spoonful every hour. These continue, one dose every hour, until the breathing is easier, expectoration more free, and heat less, and perspiration appears, when the intervals between the

doses may be increased to two hours, or even longer. The patient must be kept in a warm, evenly-tempered room, very quiet and have only mucilaginous drinks and farinaceous diet. These means will gradually relieve the oppression of the chest, allay the fever, induce free perspiration, and thus break up the disease. The patient must avoid exposure until quite recovered.

HEMORRHAGE FROM THE LUNGS is promptly relieved by the SPECIFIC NO. ONE. If there is only a slight spitting of stained sputa, with some cough, six pills taken four times per day is often sufficient; but if the bleeding is more profuse, dissolve twelve pills in six spoonfuls of water, of which take one spoonful every hour, and the intervening half hour, a half teaspoonful of the Marvel.

VOMITING OF BLOOD, may be known from bleeding from the lungs by the blood being usually darker, and being thrown up in masses by vomiting and without much cough, and requires the same treatment. Salt water is an old remedy, and often serves to allay the bleeding, and there is no objection to its being used in moderate quantities (a tea-spoonful at a time), while in the meantime the SPECIFIC NO. ONE allays the internal congestions.

tion, which is the more immediate cause of the hemorrhage.

A Specific Remedy of great value, however, in all cases of hemorrhage or bleeding from any part of the body, is the *Marvel of Healing or Witch Hazel*. Half a tea-spoonful of this may be taken every hour, or even half hour, until relieved, and then at longer intervals; or take the other remedy.

The earlier stage of every acute disease, attended with *chills or high fever, quick pulse, heat, restless tossing*, anxiety and pain, will be promptly met, always alleviated, and often entirely subdued by the use of the SPECIFIC NO. ONE, given every hour or two hours. In all cases when there is pain or distress, and you are uncertain what remedy to apply, or have failed to cure, resort to the NO. ONE, and continue its use for some time, or return again to the more perfectly indicated number.

INFLAMMATION OF THE BOWELS is always a dangerous disease, commencing with chilliness and pain in the bowels, to which there is soon added extreme tenderness of the abdomen to the touch, often also vomiting and constipation. The fever soon becomes high, pulse small, tense, and quick. Give the SPECIFIC NO. ONE, six pills every hour in a

spoonful of water, and at the same time wring a napkin out of tepid water and lay it on the bowels, covering with a dry flannel cloth, to keep the bed-clothes dry, and renew the wet cloth from time to time as often as it gets hot. This treatment may relieve the whole disease in a few hours, and the bowels will move of themselves, or if not after a day or two, they may be assisted by an injection of warm water.

WORMS.

Worms often cause much annoyance and suffering in children, and it is important to know the symptoms by which their presence is manifested, as well as the cure. Children most subject to worms have light, fair skin, soft and flabby flesh, and enlarged abdomen, while the legs and arms are comparatively small, and a predisposition to the production of *mucus*. Such children are subject to catarrhs, mucous diarrheas and mucous vomiting. When this condition exists, worms will be found in the system, and a strong predisposition to produce them. Unless this condition is corrected, the driving off of a few, either by ordinary cathartics or vermifuges, only leaves room for others to grow the more vigorously.

The more common symptoms of worms are:—frequent itching of the nose, which the child picks with his finger; itching of the anus; voracious or greedy appetite; desire for dainties in preference to meat; and often the breath is offensive, especially when the stomach is empty; bowels irregular, either constipation or diarrhea; and often loose discharges, masses of glairy, frog-spawn-like mucus may be noticed, which are usually regarded as worms' nests, often also milky, thickish urine.

There are also symptoms arising from the local irritation of worms. Colic pains in the bowels, which are worse when the stomach is empty, and often pass off after a meal, are frequent. Sometimes the local irritation affects the nervous system, and there is dilatation of the pupil of the eyes, distortion and rolling of the eyes, frightful springing up, grating of the teeth, and talking in sleep, vertigo, bad temper, and not unfrequently general or partial spasms.

Fever is one of the most frequent results of worms; it is usually quite violent, pulse quick, heat great, and noticeable for its *unsteady character*; now more, and now less, coming and going, and there is danger of convulsions setting in during such a fever, especially if there should be sudden startings or twitchings.

If the worm cachexia is not cured, the child may become emaciated, weakly and a prey to the first disease with which it is attacked.

Treatment: It is not a difficult matter to get rid of a few worms by the action of any brisk cathartic; but this is of small consequence; for you will leave many more behind, and the vermifuge will weaken the digestion, and thus tend to induce their production anew; hence, children who take much medicine are subject to worms. *To eradicate Worms* from the system, give the child plain diet, meat once a day, little or no pastry, cake, preserves, or candies: but substantial, nourishing food, and give them three pills of SPECIFIC NO. TWO, morning and night, or even four times per day. The result will be, that the worms will pass off by the evacuations.

When the attack commences with VIOLENT FEVER, full, quick pulse, and hot skin, etc., dissolve twelve pills of SPECIFIC NO. ONE in a glass one-third filled with water, and give the child a dessert-spoonful every hour for four or six hours, and then prepare the No. TWO in the same manner, in water, and give the SPECIFIC NO. TWO alternately with the No. ONE until entirely relieved. Then give the No. TWO morning and night, to effect a radi-

cal cure. No other medicines are required in order to radically cure this affection, as the experience of hundreds can testify; only do not expect miracles, exercise a little patience, for a permanent cure requires time.

For *itching at the anus*, which usually arises from the presence of the *Ascarides* or *Pin-worms*, give the SPECIFIC No. TWO, four pills morning and night. If the pin-worms are numerous and troublesome, and you desire immediate relief, give an injection of an ounce of sweet oil. This brings them away at once.

COLIC, CRYING, AND WAKEFULNESS OF INFANTS.

Infants do not cry if they are well, and properly cared for. When a child constantly cries without apparent cause, it affords a strong presumption that it is not well.

Many persons, to quiet the crying of infants, give them anodynes, cordials, or soothing syrups, which render them costive; then a cathartic or a dose of oil is given to physic them, which, in turn, deranges the stomach, and in a little time we have a permanent condition of illness fastened upon the child which may continue for life.

This is irrational and wrong. The nurse should never suffer the infant to cry or worry, by always attending to or anticipating its wants, changing and feeding it promptly, and avoid giving it drugs or doses as far as possible.

If the child has *Colic*, which may be known by its cries and drawing its legs up to its abdomen, while the belly is hard and distended, give two pills of the SPECIFIC NO. THREE, and soothe it by carrying it about, or other means. If no better in half an hour, give two more pills, and so on repeating every half hour until relieved.

If the child *does not sleep at night*, after having had proper intervals of being awake during the day, give it two pills of SPECIFIC NO. THREE on going to bed. This will usually be sufficient; but if necessary the pellets may be repeated every hour. The nurse should bear in mind that if she takes strong tea or coffee, or spirits, or such flatulent food as pickles, cabbage, beans, etc., she can scarcely expect her child to sleep well, as the effects of the stimulus, or food, may act more decidedly on the child than upon her.

TEETHING of healthy children is often accomplished without seriously affecting the system; but frequently there is diarrhea, fever-

ishness, and restlessness at night, and sometimes serious congestion to the head. The first teeth are cut at from the fourth to the eighth month, or later, and usually with little trouble—first, the two lower cutting teeth; then the two upper middle teeth in about two or three weeks after the first; and then two more lower, followed by two upper incisors—one on each side. Some eight weeks after these, there will be four first jaw-teeth—two below and two above, and after these the stomach and eye-teeth are cut; and finally, when about two and a half years old, the back jaw-teeth—two below and two above—protrude, which completes the set. Variations from this order are, however, frequent.

When the teeth are about to protrude, the child drools, and puts its fingers in the mouth, is more or less feverish, and the gum grows *broader*, and swells on the top. Lancing the gums is quite unnecessary, and if done prematurely, only obstructs the teeth by forming a cicatrix, which the tooth must pierce when it comes forward again; besides, it is not so much the piercing of the gum which causes the inconvenience, as a feverish condition of the system, which always accompanies any important evolution of the organism.

During the period of teething, whenever there is any feverish excitement, restlessness, wakefulness, or worrying, give two pills of SPECIFIC NO. THREE three or four times per day. This quiets the system, relieves the irritation and restlessness, and any moderate degree of diarrhea. If, however, there should be *very high fever*, and a good deal of heat, it is better to give two pills of SPECIFIC NO. ONE *for fever*, in fluid form, a tea-spoonful every two hours, and the NO. THREE morning and night. If the diarrhea also becomes threatening, the movements of the bowels frequent, and somewhat prostrating, then give two pills of the SPECIFIC NO. FOUR every three hours until this trouble is relieved.

For *Slow Growth, Feebleness, and General Debility* of infants or small children, give the SPECIFIC NO. THREE, two pills three times per day.

For *Fretfulness, Feverishness, and Worrying* of children three or four years old which often arises from deficient growth of bone, give four times per day three pellets of the SPECIFIC NO. THREE. The result will soon be shown in improved vigor and happiness.

For SPRUE or SORE MOUTH of young infants, which is frequently troublesome, and

sometimes dangerous, the SPECIFIC No. THREE will usually be found effectual. Given at times for other complaints, sore mouth will rarely occur; but if it is present, one pill three or four times per day will suffice to cure. The most obstinate cases may require the SPECIFIC No. TWENTY-NINE, two pills four times per day.

Restlessness, Nervousness, and Sleeplessness of adults finds a charming remedy in the SPECIFIC No. THREE. Six pellets taken on going to rest, or if wakeful during the night, act like a charm. *Sleeplessness with fullness* or beating in the head, or red face is cured by SPECIFIC No. ONE, six pills at bed-time; and that from indigestion by SPECIFIC No. TEN, six pellets at night.

DIARRHEA OR LOOSE BOWELS.

In small children this disease is often formidable, and demands attention. In young and teething children it frequently assumes the form of Cholera Infantum, and is liable to be fatal.

FOR DIARRHEA, OR LOOSE BOWELS IN CHILDREN, either recent or of long standing, give two pellets of SPECIFIC No. FOUR, three or four times per day, according to circum-

stances, and let the child be confined to a diet of boiled rice, farina, or milk porridge, avoiding all fruits, vegetables, salads, etc., especially new potatoes. Any slight derangement of the stomach, pain, gripings, or diarrhea, arising from errors in diet, etc., either in adults or children, will be promptly remedied by taking six pellets of SPECIFIC NO. FOUR four times per day. Diarrhea from the use of fruit, also, will be promptly met by taking the SPECIFIC NO. FOUR as above.

Diarrhea in older Children or Adults requires six pills of SPECIFIC NO. FOUR four times per day. In some cases the alternation of the SPECIFIC NO. SIX, or the NO. FIVE, with the NO. FOUR is of benefit. And in any instance where the disease does not promptly yield to the NO. FOUR alone, the NO. SIX, if the stools are loose, profuse or watery, or NO. FIVE if there is pain, should be given alternately with the NO. FOUR. As the disease improves, the doses may be given less frequently, with caution as to the quantity and quality of food.

Chronic Diarrhea—several stools per day, without much pain, gradual loss of strength—requires three doses of SPECIFIC NO. FOUR per day; and if there is discharge of blood or bloody mucus or of pus-like matter, the SPECIFIC NO.

FIVE should be alternated with the No. FOUR, taking six pellets every four hours during the day; diet as above. The very worst cases have been cured.

In Traveling, the change of water, irregular diet, malaria, or other causes, often occasion diarrhea, which may also be followed by dysentery, cholera, or other grave affections. Hence in warm weather, care should be taken to avoid everything likely to produce this result. Avoid fruit, pies, pastry, oysters, or eating in haste. Eat crackers, light bread, good cooked meat and vegetables, rice, or other plain fair, and eat at regular periods—better too little and too seldom, than too often and too much. Any derangement will be promptly remedied by the SPECIFIC No. FOUR, six pellets, repeated as occasion demands.

If looseness of the bowels is accompanied with griping or cutting pains, or blood-stained stools, forming what is called *dysenteric diarrhea*, the SPECIFIC No. FIVE, taken every two or three hours, will be found usually more efficacious than the SPECIFIC No. FOUR for this form of disease, or the two numbers may be taken in alternation, a dose, six pellets every three hours.

In Diarrhea and Dysentery, cholera-morbus

and cholera, all fruits and vegetables are pernicious, especially new potatoes, lettuce, beans, peas, tomatoes, turnips, radishes, cucumbers, and even strawberries; peaches, cherries, plums, and apples can very rarely be indulged in without an immediate aggravation of the disease. Attention to these few practical hints, and the use of the SPECIFIC NO. FOUR will be effectual in curing the disease, and saving multitudes of lives.

CHOLERA INFANTUM.

Few diseases are more destructive and fatal in children than this. In some parts of the county, in the larger towns and cities, large numbers of children are every summer carried off by it. Every diarrhea in children in summer is liable to terminate in a cholera infantum, and cholera infantum has diarrhea as a symptom. It prevails principally among children of from six months to three years of age.

It often commences as a slight looseness of the bowels, which goes on increasing from day to day, until the child becomes emaciated, its stomach becomes exceedingly irritable, so that it vomits up every kind of food and drink, and at length it sinks into a drowsy, stupid slumber,

which, after some days closes the scene; or, the disease may come on more suddenly, with very frequent, loose, offensive stools, sudden vomiting of everything taken into the stomach, rapid emaciation, soon followed by coldness, collapse, stupid slumber, and extreme prostration.

In the first case, the disease may run from three to twelve weeks, until the child is reduced to a skeleton; and in the latter the fatal termination may occur in three or six days.

In the treatment of this disease, the diet is of the first importance, as it is almost impossible for a child to recover so long as it has an improper diet. Children who nurse do better than those who have been weaned or brought up by hand; for though the child may get but little from the breast, that little is appropriate for it, and quality, in this case, is of more importance than quantity.

If the stomach is very irritable, *vomiting up everything taken*, food must only be given once in two or three hours, and only two or three spoonfuls of farina-gruel, rice-water, or some similar light or nourishing substance; or, if the child yet nurses, the breast is still better; yet the child must not be nursed too often, nor suffered to take too much at a time. Also,

every hour, give a spoonful of a solution made by dissolving six pellets of SPECIFIC No. SIX in six teaspoonfuls of water. This should be continued a few hours; and then prepare six pellets of SPECIFIC No. FOUR in fluid, in the same manner, and give every one or two hours, according to the urgency of the case, a spoonful alternately of these two medicines. As the disease improves, the doses may be given less frequently; but be very cautious both as to the quantity and quality of food or drink allowed.

DYSENTERY.

Dysentery is another of those diseases which are frequently fatal in summer and autumn. It often prevails in the fall of the year, when the nights are cool and the days hot. The first symptom is usually a sensation of heaviness and weight about the anus, which is soon followed by a desire for stool. Or there may be loose stools for a day or two, when the evacuations will become more tedious, very scanty, and attended with *straining* and a desire to continue the effort, as if the evacuation could not be completed. In a little time this desire becomes constant, constituting what is called *tenesmus*—the patient wanting to be constantly

on the chamber. The evacuations consist only of mucus, mixed more or less with blood; or, indeed, in some cases, of pure blood mixed with shreddy particles, which look like scrapings. Before and during the evacuations, there are violent, cutting, pressing pains in the bowels, often of the most severe character. In some cases the stools consist only of white, gelatinous mucus, like the white of an egg, and in others it is only greenish mucus, streaked with blood. In some cases, there is violent fever; in others, little or none. There is no natural fecal matter in the stools—and when this appears in any quantity, the disease is broken.

Treatment: When the disease comes on, the patient should at once keep quiet: avoid exercise or labor of any kind; if possible, lie down, and confine himself strictly, during the whole course of the disease, to a *porridge made of milk and flour well cooked*, or to farina gruel, or rice-water and boiled rice. No vegetables or fruit can be allowed, nor meat, nor meat-broths: and spirits, or stimulants of any kind, are absolute poison. Use no other medicines of any kind. Opium only conceals the disease by quieting the pain and evacuations, while the disease rages more destructively.

During the disease, if the evacuations are very frequent, every ten or fifteen minutes, and the tenesmus or straining very distressing, injections of thin starch may be given, or the patient may occasionally have a seat-bath of tepid water. If the disease commences with high fever, twelve pellets of the SPECIFIC No. ONE may be dissolved in six spoonfuls of water, of which give one spoonful every hour, two or three doses, before commencing the SPECIFIC No. FIVE. Then give the SPECIFIC No. FIVE, six pills, dissolved in a spoonful of water, every hour or half-hour at first; then every hour or two hours as the disease improves.

When the disease comes on without any particular fever, with cutting pain in the bowels, colic, straining, and bloody stools, at once take the SPECIFIC No. FIVE, six pills every hour, permitting them to dissolve in the mouth. As the disease improves the intervals between the doses may be lengthened. This method, strictly followed, will rarely fail to effect decided relief in the worst cases, in twelve or twenty-four hours; in lighter ones, much more rapidly; and permanently cure in four or five days.

BILIOUS COLIC.

Many persons are subject to what is called *Bilious Colic*—paroxysms of most violent griping, cutting or rending pain in the bowels, often with severe suffering, sometimes remitting for an instant, and then returning with greater intensity. The paroxysms are occasioned by exposure, passage of gallstones, and other causes, and sometimes return pretty regularly, at intervals of four, six or twelve weeks.

When an attack comes on, take six pills of SPECIFIC NO. FIVE dry, and let them dissolve in the mouth. This may entirely relieve. But if it fails, dissolve twelve pills in six spoonfuls of water, of which give a spoonful every ten or fifteen minutes, until relieved. If heat, fever or great restlessness comes on, or the bowels become painful to pressure, threatening inflammation, dissolve the SPECIFIC NO. ONE in water as above, and give alternately with No. FIVE, a dose every half hour. Use no other medicines, internally or otherwise—only, if the case is obstinate, throw up injections of tepid water in large quantities. This will do no hurt, and often facilitates a cure.

CHOLERA AND CHOLERA MORBUS.

These are quite different diseases, yet the medicines which cure Cholera will very promptly cure also Cholera Morbus. In Cholera Morbus the discharges consist of what has been taken as food, and is ejected again more or less changed ; while in Cholera, the discharges, after the first two or three, consist only of a fluid *like rice-water*, which is, in fact, the serum of the blood. The coldness, blueness, cramps, etc., are also much more violent in Cholera than in Cholera Morbus, and it is rapidly fatal.

PRECAUTIONARY MEASURES.—During the prevalence of Cholera, care should be taken that no decayed vegetable or animal substances be permitted about the house or yard. Keep the cellar dry, whitewashed, and well aired ; the yard and kitchen free from slops. Use chloride of lime freely about the privy and sink. Eat a simple but nutritious diet ; for meat, beef or mutton is best, and use rice, farina, ripe potatoes, crackers and stale bread. Eat no oysters, eggs, clams, fresh fish or pork ; and especially avoid all fruit and green vegetables, particularly salads, cucumbers, melons, cabbage, green peas, beans, rhubarb, currants,

gooseberries, etc. For drink, use pure water ; avoid everything like soda-water or root-beer. Excesses of every kind, mental as well as physical, should be carefully guarded against ; make no sudden changes ; the usual habits should be maintained. Eat meals regularly, and go to bed early. Avoid irregularities—night-air, late suppers, late hours. Take exercise, but avoid fatigue. Take food before going out in the morning and maintain a cheerful, even tone of mind. Let your clothing be adapted to the temperature of the weather, employing rather more, both at night and by day, than usual, and it is well to use flannel, especially about the abdomen, with a view of guarding against sudden changes. Do not neglect slight indispositions, especially of the stomach and bowels, but attend to them at once, as they are often the precursors of the disease itself.

During the prevalence of the disease, six pellets of SPECIFIC NO. SIX should be taken every night and morning by each member of the family, as a preventative. If this is followed up, no attack of the cholera will ensue, unless from some grave error in diet or regimen, and even then the attack will be much lighter and easier controlled than usual. Persons traveling

or much exposed, should also take six pellets of SPECIFIC No. SIX every night and morning.

For Cholera-Diarrhea—a peculiar diarrhea, which almost invariably precedes the cholera, consisting of frequent loose stools, and attended with rumbling of the abdomen, a sense of weakness or faintness in the stomach, and sometimes nausea or qualmishness—persons should at once retire to their room, keep perfectly quiet, and take six pellets of the SPECIFIC No. SIX every hour until the diarrhea entirely subsides. Then for some days be particularly careful in diet, exposure and fatigue.

When the attack comes on with sudden coldness, prostration of strength, vertigo, giddiness, cramps in the calves of the legs, deathly nausea, and blueness of the surface, though with not much vomiting or diarrhea, Tinct. of Camphor is the remedy. Of this give three drops in a spoonful of cold water every five minutes, until the coldness, blueness, and cramps pass off; then it may be omitted, and six pills of SPECIFIC No. SIX, dissolved in a tablespoonful of icy-cold, or cold well-water, given every fifteen minutes until relieved. When the vomiting has ceased, they may be given every one or two hours, giving less frequently as the patient improves.

If the attack comes on, or assumes the form of violent vomiting and diarrhea, with frequently returning cramps in the calves of the legs and bowels, discharges of the usual cholera character, give six pellets of SPECIFIC No. SIX in a spoonful of cold water every ten or fifteen minutes at first, until the symptoms somewhat abate, and then at longer intervals, until the disease is controlled.

Persons who have had an attack of cholera, or even of cholera-diarrhea, should, for a time, be particularly cautious in reference to undue exposure, fatigue, and especially to any transgression in diet; as a slight error in this respect may provoke a return of the disease, which often proves more hazardous than the original attack.

An attack of the Cholera Morbus will be promptly controlled by giving the patient six pellets of SPECIFIC No. SIX every half-hour first, and then only every hour or two, until the symptoms vanish.

Nausea and Vomiting frequently occurs. Sometimes it is the mere result of overloading the stomach, at others of irritability of this organ, arising from some near or remote cause. Usually, in simple cases of nausea and vomiting, it is not best at once to interfere; but when

the stomach has become emptied, or the vomiting severe and annoying, you may relieve it by dissolving six pellets of SPECIFIC No. SIX in a glass half full of water, of which take a large spoonful after every turn of vomiting. It will soon cease.

Vomiting and morning sickness of pregnant females is often relieved by taking six pellets of SPECIFIC No. TEN, morning and night.

But the better remedy for vomiting, morning sickness, heartburn, and similar sickness in pregnant females, is SPECIFIC No. TWENTY-NINE, for *Canker*. Six pills, morning, noon and night, act like a charm.

COUGHS, COLDS, BRONCHITIS, AND SORE THROAT,

in their various forms, are so frequent in this changeable climate, and so often lay the foundation of incurable disease and early decline, that no one who has a proper regard for health should be without a remedy for them. Every case of Consumption commences with what appears as a slight cold, to which cough, pain, emaciation, and hectic fever are added at a later stage.

With some persons there is a predisposition

to take cold from very slight exposure, showing a weakness and irritability of the pulmonary organs, which is always critical, and which should not be neglected. Such persons should take more than usual care to avoid exposure to severe and sudden changes of the weather; see that the chest is well protected in winter, cold, or rough weather; use only water, milk, weak tea, or cocoa for drink—and men should suffer the beard to grow under the chin and over the throat;—they should also take six pellets of SPECIFIC NO. SEVEN, night and morning, to allay the irritability of the air passages, fortify the system, and arrest tuberculous deposits.

Often a cold comes on with sneezing, dryness of the nose and throat, followed by cough—at first dry, but afterward with expectoration of thin, then thicker, and yellowish sputa, as the cold breaks up. With the cough there is pain or soreness of the breast, and sometimes pain in the head, as if it would fly in pieces at every cough. Sometimes a cold commences with feverish symptoms, quick pulse, frequent, short, irritable cough, and more or less pain in the sides or chest. At other times, the cold locates itself mostly upon the throat, producing dryness, pain, and difficult swallowing.

Treatment: When colds begin with cough, sneezing, pain in the breast, or general feeling as from having taken cold, take six pellets of SPECIFIC NO. SEVEN, and repeat the dose every two hours, and as the cough becomes looser, and the irritation diminishes, they may be taken less frequently.

If the cold comes on with *inflammatory symptoms, fever*, etc., as mentioned above, commence with the SPECIFIC NO. ONE, taking six pellets every hour until the fever is allayed. Then take the NO. SEVEN, six pellets at a dose, in the same manner, or alternate the two medicines at intervals of two hours. In cases of colds, drink freely of cold water, live sparingly, avoid coffee, stimulants, and over-feeding, as well as exposure.

In *case of chronic cough*, or cold of some standing, let the SPECIFIC NO. SEVEN be taken four times per day, or alternate with the SPECIFIC NO. ONE, as above mentioned.

In all cases of coughs or colds where the SPECIFIC NO. SEVEN fails of prompt relief, always alternate with the SPECIFIC NO. ONE.

Bronchitis in its simple form is an inflammation or irritation of the mucous membrane lining the air passages, manifested by hoarseness, cough, sometimes fever, irritation, and

soreness in the chest. In its more advanced stages there is hectic fever, emaciation, loss of voice, and other symptoms of consumption.

Treatment: In the earlier stages, six pellets of SPECIFIC NO. SEVEN, taken four times per day, will generally cure. But should there be considerable irritation, or the case not promptly yield, alternate the SPECIFIC NO. ONE with the SPECIFIC NO. SEVEN, a dose every three hours. This is also the proper treatment for all irritative coughs bordering upon Consumption, and will very generally be found successful.

Catarrh of the Chest of Infants or young Children is a form of bronchitis attended with fever, quick pulse, rapid and difficult breathing with rattling of mucus, or fine crepitation, and frequent, painful cough. Give the SPECIFIC NO. ONE in fluid every hour for twelve hours, then prepare the SPECIFIC NO. SEVEN in fluid and give the two in alternation every two hours until relieved.

Hoarseness and loss of voice, so as to be able to speak only in whispers, is a not unfrequent accompaniment of some forms of bronchitis, or even common colds; and sometimes it appears in certain persons from almost every exposure. This form of disease finds its remedy in the SPECIFIC NO. SEVEN. Take six pills every

three hours, or, in more obstinate cases, the SPECIFIC NO. THIRTEEN may be taken alone or in alternation with the NO. SEVEN.

Clergymen after preaching, should always take six pellets of SPECIFIC NO. SEVEN or of SPECIFIC NO. ONE; the irritation is thus at once allayed, and the voice and throat preserved.

The *Influenza* is an epidemic form of disease localizing itself principally upon the air passages,—often prevailing over a large extent of country, affecting thousands of people in a similar manner. These epidemics vary in their character from year to year, and in general, the depression, fever, cough, and general condition of the system is much more deeply affected than from common colds. Six pills of the SPECIFIC NO. SEVEN taken every three hours, will generally suffice to arrest the disease. If there is also sneezing, and discharge from the nose and eyes, the SPECIFIC NO. NINETEEN will be found to cure or may be given alternately with the SPECIFIC NO. SEVEN.

TOOTHACHE AND NEURALGIA.

Toothache is an affection too well known to require description. The pain is usually found in connection with decayed teeth, but some-

times also in sound ones. When badly decayed teeth begin to ache, it may be best to have them extracted. Yet even here, the SPECIFIC No. EIGHT will often allay the pain, and the teeth may do good service for many years. But when pain affects sound teeth, we should rarely have them taken out until we have exhausted every means to relieve without this alternative. A most insane practice it is when we have a toothache, which may be occasioned from a cold, or other cause, to rush to the dentist and lose a tooth. It is better to exercise a little patience and judgment ; quiet the system, and allay the exciting cause, and save the tooth.

Treatment : Take first six pellets of SPECIFIC No. EIGHT, repeating every hour if needful. If not relieved, dissolve twelve pellets in a glass half full of water, also prepare the SPECIFIC No. ONE in the same manner, and take of the two alternately every hour until relieved. Sometimes the SPECIFIC No. FIFTEEN is very efficient, and in other cases the SPECIFIC No. TEN. Toothache with swelling of the face requires the SPECIFIC No. ONE and SPECIFIC No. EIGHT in alternation. If relieved after an hour or so, take no more ; if it returns, try another portion.

It is a bad practice in toothache to hold spirits, camphor, or other stimulants in the mouth, or to apply creosote, laudanum, oil of cloves, etc. These more frequently irritate than relieve. Let the diet be light, if the stomach is deranged; if there is a cold, cure that, and you will soon find relief, and save your teeth.

In *Neuralgia*, the pain is usually limited, or extends along the course of a branch of nerves, and is very acute, cutting or piercing in its character. The pain has also its periods of increase and diminution, often worse in the evening and at night, and better in the morning. There is usually no tenderness on pressure, in distinction from pain of an inflammatory character. Neuralgia may arise from several causes, and hence no one remedy can be expected to cure all cases; yet six pellets of the SPECIFIC NO. EIGHT, taken every one or two hours, will, in most instances, afford prompt relief. In case the SPECIFIC NO. EIGHT does not relieve, alternate it with the SPECIFIC NO. ONE, as in other cases. Sometimes the SPECIFIC NO. EIGHT and SPECIFIC NO. FIFTEEN are alternated with very great advantage. Those cases of neuralgia which are not relieved by the careful and judicious use of the Specifics,

will be found to depend upon organic changes, in their nature incurable.

HEADACHES.

Headaches are varied in their character, and are produced by a variety of causes. It is less frequently a disease itself than a symptom of some more general affection. Sometimes it is comparatively trivial, at other times of great importance, often interrupting any constant avocation of the patient, causing great suffering, and prostrating the system so frequently as to rapidly undermine the general health. The pain may be located in a single part, or involve the entire head, and is often accompanied with painful retching and vomiting.

Persons who are subject to headaches should abandon the use of coffee, and also of strong tea, as the use of these beverages often contributes to keep up the disease, and in some cases alone causes it. They should live regularly and temperately, and take every night six pills of SPECIFIC NO. TEN on retiring, and six of the SPECIFIC NO. NINE in the morning on rising, as a preventive.

When an attack comes on, take six pellets of SPECIFIC NO. NINE every hour until the

suffering abates. If the attack commences with blindness, followed by extreme nausea and vomiting, twelve pellets of SPECIFIC No. NINE may be dissolved in a glass one-third full of water, and a dessert-spoonful of the fluid may be taken every half hour, until the more violent symptoms abate, when the medicine may be continued at longer intervals. If there is a good deal of feverish heat and throbbing in the head, twelve pellets of SPECIFIC No. ONE may be prepared in like manner, and given in tea-spoonful doses every hour in alternation with the SPECIFIC No. NINE.

Headaches in Females, occurring just before or during the monthly period, will be promptly relieved by the SPECIFIC No. ELEVEN, taking six pellets every hour.

Headaches from constipation or derangement of the stomach are cured by the SPECIFIC No. TEN, taking six pills every hour during an attack, and then night and morning.

The cure of old, long-standing headaches requires time and perseverance, but can almost invariably be accomplished by taking the SPECIFIC No. TEN at night, and SPECIFIC No. NINE each morning—six pellets at a dose.

DYSPEPSIA, WEAK STOMACH, CONSTIPATION, BILIOUS COMPLAINTS.

Thousands of persons suffer from weak stomach, indigestion, and their kindred evils. With some, it is but a transient indisposition, occasioned by some error in diet, and is manifested by loss of appetite, coated tongue, bad taste in the mouth, especially in the morning, dullness and debility. With others, it is a more permanent affection, showing itself in great weakness of the digestion, so that even the mildest food causes suffering or uneasiness, costiveness, and that general depression and lowness of spirits which mark the confirmed dyspeptic. Sometimes even the lightest food causes a sensation of fullness of the stomach, feeling of weight and heaviness at the pit of the stomach, as if a stone lay there; tight clothes are insupportable, and there is tenderness of this part on pressure. Often there is acid taste in the mouth, and regurgitation of food, or of sour or bad-tasting water or air. Very frequently the bowels are costive, move tardily and insufficiently, and piles or hemorrhoids and flatulence are rarely absent.

This condition of things may continue for years, embittering the life of the patient, and

leading to an early decline. The commonly used remedies are worse than useless. Cathartics do no good; for, although they move the bowels for a time, their action weakens the digestion, and thus they increase the very difficulty they are intended to cure.

Persons suffering under this pitiable condition should be careful of their diet; ascertain what articles of food agree with them best, and confine themselves to those; eat moderately, masticate the food well, take plenty of time for meals, and but very little fluid while eating; and take, half an hour before each meal and on retiring at night, six pellets of SPECIFIC No. TEN, and there will soon be an amendment. Perseverance in this simple course rarely fails to cure the most inveterate cases.

Constipation or Costive Bowels is a result of indigestion or torpid action of the liver or the lower bowel. It is not a perfectly pleasant condition, yet one who has no more serious disease than constipated bowels, need not be alarmed.

In such cases digestion is but imperfectly performed, and comparatively little fecal matter is secreted, and it is irrational to expect large evacuations.

Treatment: Take before each meal, and at

night before going to rest, six pellets of SPECIFIC NO. TEN, the last in half a glass of water. If the bowels fail to move after a reasonable time, take a large injection of tepid water, which may be repeated if needful. A simple enema of tepid water may always be resorted to with benefit.

This treatment, in connection with the use of the SPECIFIC NO. TEN, so soon as the system is fully brought under its influence, will not fail to relieve the most obstinate case of constipation.

Indigestion or Bilious Condition arises in consequence of too heavy a meal, or from fat, rich, unsuitable food ; or food taken at an unsuitable time, or when the system is depressed with grief, care or fatigue. The tongue is coated, bad taste in the mouth, head dull, heavy, or aches, and bowels confined. Take six pellets of SPECIFIC NO. TEN four times per day, and the condition will soon be relieved.

For Flatulence, or Wind in the Stomach or Bowels, use the SPECIFIC NO. TEN as above.

Heartburn, a mere symptom of dyspepsia, requires the same specific in like doses.

Gastralgia, or Cramp of the Stomach, is of

common occurrence—a fixed, extremely violent pain at the pit of the stomach, often attended with nausea and vomiting. The pain comes on in paroxysms, increasing and remitting, lasting some hours, and the region of the stomach is often bloated and tender to the touch. The paroxysms often return at periods of a few weeks, with a comparatively free interval between.

Those subject to this affection should take, night and morning, six pellets of the SPECIFIC No. TEN as a preventive. If an attack comes on, dissolve twelve pellets of SPECIFIC No. TEN in a glass one-third full of water, and take a large spoonful every fifteen minutes, until better; then at longer intervals, until relieved. Should the SPECIFIC No. TEN not relieve, prepare the SPECIFIC No. ONE in the same manner, and take alternately with the No. TEN. Warm or hot cloths on the stomach are often soothing; sometimes a hot foot-bath, to relax the system.

PILES OR HEMORRHOIDS.

This disease, so common and so well known, usually depends upon a congested condition of the abdominal venous circulation. From this congestion eventually results an engorgement,

distention, and extreme irritability of the hemorrhoidal vessels distributed over the rectum: hence their enlargement, the formation of tumors, and frequent hemorrhage or discharge of blood, or, in some cases, a discharge of mucus or violent itching. A rational treatment will seek to relieve this congested condition, upon which these tumors depend. This the SPECIFIC NO. SEVENTEEN will invariably accomplish, and for this purpose six pellets should be taken four times per day, and continued for weeks. Should there be an inflammation of the tumors, which become red and hard, or bleeding profusely, the patient should be as little on his feet as possible, and should take six pills every two hours, and apply a cloth kept wet with the MARVEL OF HEALING or Witch Hazel, and kept in place with a T bandage; or, what is still better, apply HUMPHREYS' WITCH HAZEL OIL according to directions accompanying the bottle. This is more convenient and more efficacious even than the fluid. If there is fever and heat of the parts, take the SPECIFIC NO. ONE in alternation with SPECIFIC NO. SEVENTEEN, twelve pills of each, prepared in water, separately, a spoonful every two hours alternately, applying also the OIL. This treatment, with care in

diet, never fails of a cure. If the bowels are very costive, take injections of water every morning, but no drastic pills or cathartics. Avoid coffee, spirits, highly spiced, or rich, heavy food, using mainly, fruit, vegetables, and farinaceous diet.

URINARY DISEASES.

Chronic disease of the Kidneys is usually manifested by pain and weakness in the small of the back, and frequent discharge of scanty, muddy, thick urine, variously colored—sometimes depositing a pus-like or bloody or brick-dust sediment. This condition finds a prompt relief, and by persevering treatment an ultimate cure, by the use of SPECIFIC NO. TWENTY-SEVEN, taking six pills three times per day.

BRIGHT'S DISEASE of the Kidneys is known by pain, weakness and weariness of the loins; but the urine is generally pale, water-like, foamy, abundant or scanty, albuminous, and in the advanced stage, full of minute shreds or casts from the diseased kidneys, and is usually attended with some grade of dropsy; sometimes only very slight, as of the head, face or feet, but towards the last, very great and inveterate. This is a very serious disease and

often fatal; yet very many quite advanced cases have been cured by taking the SPECIFIC No. TWENTY-SEVEN and the SPECIFIC No. THIRTY, six pellets at a dose, and four times per day—in alternation.

GRAVEL or RENAL CALCULI is manifested mostly by frequent, scanty and painful discharge of variously-colored urine, and from time to time, as the calculi pass from the kidney along to the bladder, by violent colic pain from the region of the kidney, inside the illeum or hip-bone, and down in front, along the course of the ureter. The pain is usually very severe, coming on in paroxysms, and returning from time to time until the calculi are discharged.

For the radical cure of this disease, take of SPECIFIC No. TWENTY-SEVEN, six pills before each meal, and at night.

For an attack of RENAL CALCULI—violent pain from the passage of the calculi—take of the SPECIFIC No. THIRTY, six pills, dissolved in water, every half-hour, until relieved. Hot foot and seat-baths often afford relief.

INFLAMMATION OF THE KIDNEYS may be known by pain in one or both sides above the hip, and toward the spine, in the region of the kidney, and thence usually extending forward

and downward, with frequent desire to urinate, and scanty hot discharge, and numbness along the inner side of the thigh on the affected side. There is fever, and sometimes vomiting. The SPECIFIC NO. THIRTY will afford prompt relief and cure in all cases. Give six pills every hour in water.

In INFLAMMATION OF THE BLADDER, the pain is low down in front, with severe burning and irritation, difficulty or inability of passing water, and almost constant desire to do so. The same remedy, SPECIFIC NO. THIRTY, promptly affords relief, and may be relied upon for a permanent cure. Give medicine as above, six pellets every hour, in fluid.

CATARRH OF THE BLADDER.

Old chronic irritations and frequent inflammations of the bladder, are apt to result in a chronic irritation and thickening of the mucus membrane of the bladder, urethra and surrounding organs. This results in *frequent desire to urinate*; the fluid is forcibly or spasmodically ejected in small quantities, and the passage is attended with aching, burning or spasmodic pain, (strangury.) The pain may be confined to the bladder or extends to the end of the

penis, round the pelvis or down the thighs. The urine may or may not be unnatural; but when the disease has become chronic, mucus or pus is passed with it, thus constituting what is called *Catarrh of the Bladder*. Healthy persons urinate on an average five or six times in the twenty-four hours, but when there is inflammation or a degree of irritation, a slight distention is painful and the calls are frequent.

Treatment: The SPECIFICS NO. TWENTY-SEVEN and NO. THIRTY are the appropriate remedies, and may be taken in ordinary cases four times per day. The NO. THIRTY each morning and afternoon, and the NO. TWENTY-SEVEN at noon and at bed time, six pellets at a time. If urgent the medicines may be taken one dose every three hours. This treatment has relieved thousands of the most inveterate cases.

INFLAMMATION OF THE URETHRA, OR GONORRHŒA, is attended with irritation and constant desire for urination, and inability to retain it, and subsequently a discharge of thick white or yellow mucus from the part. The SPECIFIC NO. THIRTY will cure simple cases; but those arising from infection will require some time and patience. Give in urgent cases six pills every one or two hours, or send for a special Specific for that complaint, price \$2.00.

DIABETES.

This disease is known as a constitutional cachexy, manifested by an excessive discharge of pale, heavy, and sugary urine, the sugar being formed in the system from the starch or saccharine matter in the food. There is a sense of sickness, debility, and progressive emaciation; red, fissured tongue, and enlarged papilla; *intense thirst* and *frequent urination*; voracious appetite and sinking of the stomach; bowels usually costive, and stool hard and dry; harsh and dry skin; the breath has a peculiar violet or chloroform-like smell; boils or carbuncles, or swellings of the legs are frequent attendants; the *insatiable thirst* is one of the most characteristic symptoms. The quantity of urine is usually greatly in excess, amounting to from eight to twenty or more pints in the twenty-four hours. It is usually of a pale, straw color, has a faint smell of apple, hay, or milk, and is SPECIFICALLY HEAVY, according to the amount of sugar it contains. Diabetic urine may be tested in various ways:—will ferment with the addition of yeast, or leave a residuum like molasses on evaporation.

There is another form of *Diabetes* characterized by an excessive discharge of clear, colo-

less urine, but which is devoid of sugar. There is thirst, a harsh, dry skin, and mental and physical weakness present; though this form is not so fatal as the former one.

Treatment: In Diabetes the patient must avoid all forms of starch or sugar, and the foods containing them; but should live on other abundant nutritious food. Fat meat, fish, oysters, eggs, milk and soups thickened with finely powdered bran, but no *bread, potatoes, grapes, pears, berries, melons*, or other sweet, rich fruits. As a substitute for bread, bran ground fine and mixed with eggs, and a little butter, and hard baked, may be used. The thirst may be gratified with water which rather benefits than otherwise. The patient should also take five drops four times per day of a *Special Homeopathic SPECIFIC* for DIABETES, price \$2.00 per bottle, to be had of this Company, on application by mail. This treatment has been uniformly successful in many, even advanced cases. The patient may also drink freely of *skim-milk*. It may be made a regular diet and as much as seven or ten pints may be taken daily in fluid, or two or three pints of the amount may be made into curd daily and taken in that form.

URINARY INCONTINENCE is quite common

in persons of advanced age, and is not rare in childhood. It consists of frequent desire to pass water, and often an inability to retain it beyond a short period. It may arise from Catarrh of the Bladder, irritability of the organs, calculi, or an acrid secretion.

It is cured by taking the SPECIFIC NO. THIRTY, six pills four times per day; or, in some cases, the SPECIFIC NO. TWENTY-SEVEN. We have known this medicine to cure obstinate cases of months', and even years' standing.

For SCANTY, DISCOLORED, or PAINFUL URINATION, six pills of NO. THIRTY, three times per day, is effectual.

WETTING THE BED.

Children subject to this complaint should avoid taking fluids, or fruits, or watery vegetables in the late evening, or even entirely abstain from them at such hours, and take three pellets of SPECIFIC NO. THIRTY night and morning. In many cases it arises from the irritation of worms; in others, from an irritable condition of the bladder itself; and in some cases from improper habits. But it is almost invariably the result of a morbid condition or irritation of the bladder, or, relaxation of its sphincter and is quite beyond the voli-

tion of the child, and is a proper subject of medical treatment. Sometimes the SPECIFIC No. TWO, if from worms, or SPECIFIC No. TWENTY-TWO, if constitutional, may be given with advantage alternately with SPECIFIC No. THIRTY, three pills, three times per day.

NERVOUS DEBILITY.

In some cases, from improper habits or associations, involuntary discharges take place at night, and even at other times, resulting in prostration, great weakness, nervousness, and sometimes in utter loss of strength and health. Not unfrequently premature decline and extreme nervous prostration is the result. Nervous irritability, weakness, and emaciation are very common effects, while a *loss of mental power, tone and vigor*, is an inevitable consequence.

These disorders, as well as the final cause of them, can be cured by proper habits and the use of the SPECIFIC No. TWENTY-EIGHT.

IN ORDER TO CURE, remove, as far as possible, all exciting causes, avoid all unchaste thoughts, fancies or excitement of the organs, and at night sleep on a mattress or hard bed, with but slight covering—not too

warm—and always lie and sleep upon the side, and NEVER UPON THE BACK.

Be temperate in diet—meat only once per day, and never late at night ; no spirits, hot spiced drinks or exciting food, and be sparing of coffee, and take six pills of SPECIFIC NO. TWENTY-EIGHT morning and night.

In serious or long standing cases, it is better to procure a \$5.00 package, containing a large vial of powder and five vials of pills, of which a portion of the powder is to be taken in the morning, and six of the pills at noon and at night. This course may be considered infallible, with proper habits and regimen. The *prostration, nervousness, and debility* are promptly relieved, the mental dullness and gloom dispelled, and a cure follows gradually and permanently. The package is sent by mail on receipt of the price, by addressing the Company.

FEMALE COMPLAINTS.

The comfort and happiness of woman depends upon the healthy performance of the functions incident to her peculiar system. No considerable derangement in these functions can exist for a time without drawing the entire system into sympathetic suffering. While these derangements are so important, and exer-

cise so grave an influence over the health and happiness of the sex, yet their nature is such as to exclude them, to a great extent, from observation, and often the sufferer groans on for years, the victim of pain and weakness known only to herself.

By the use of these simple HOMEOPATHIC SPECIFICS, the diseases connected with the female system may be promptly averted or controlled. Thousands of mothers and families have used them for twenty years, and have always found them successful.

MENSTRUATION.

The first menses usually appear at about the fifteenth year ; in warm climate earlier, and in colder, later. It is also subject to variation, depending upon the general health, vigor and development of the person. For a year or two it may be scanty, and not unfrequently subject to some irregularities which, however, need not excite apprehension. In healthy women it should appear every twenty-eight days, and flow four or five days, varying again according to the constitution of the person. About the forty-fifth year of life, it generally ceases altogether, accompanied often with various disturbances of the system. This cessation or period is termed the "change of life."

TARDY MENSES.

When menstruation in young girls does not come on at the usual time, it is not proper to hasten to administer medicine to produce it. It is a better rule, so long as the general health remains good, to do nothing to promote this secretion, beyond attention to proper clothing, exercise and diet. The clothing should be warm, and changed to suit the temperature and season, and a wholesome, generous diet should be adopted, avoiding all spices, coffee, and high-seasoned food. This will generally be sufficient. Should it, however, fail, or should there be some symptoms of its approach, such as flushes of heat, frequent giddiness of the head, heaviness in the abdomen and about the loins, give six pellets of SPECIFIC NO. ELEVEN every night and morning, which will in due time produce the result, unless the delay depends upon some constitutional cause.

SCANTY MENSES.

If at any time the menses become *scanty, pale, or unusual in color*, or habitually, or even occasionally delay their appearance beyond the proper time, forming what is properly termed scanty or delaying menses, six pellets

of SPECIFIC No. ELEVEN should be taken every night and morning, until the desired result is obtained.

SUPPRESSED MENSES.

Sometimes, in regularly menstruating females, the discharge becomes suppressed from exposure to cold, especially to damp cold, during the flow, or just as it is about to commence. Under such circumstances, the flow may either cease suddenly, or it may not come on at all at the next period, or it may come on attended with scanty, irregular discharge, or with severe pain and distress. In case of *suppression*, after it has began, dissolve twelve pellets of SPECIFIC No. ELEVEN in six spoonfuls of water, of which take one spoonful every two hours, and bathe the feet in warm water. This will generally suffice; if it does not, another portion prepared in the same manner may be taken at intervals of three hours.

When the menses do not appear at the proper time, take six pellets of SPECIFIC No. ELEVEN every night and morning, and bathe the feet in warm water fifteen or twenty minutes, for two or three nights in succession, if necessary. A few doses will usually be found successful.

PAINFUL MENSTRUATION.

Many females suffer untold amount of *pain* at every return of the menstrual period, not only bearing down, but cuttings, gripings, colic, cramps, and in some cases even convulsions, attend every access of the period, and cause her to dread every menstruation. Often the sufferings of one period are hardly over before another comes on.

Such cases are often found in connection with scanty, retarded, or irregular periods; and again, with regular or too abundant discharge, the feature being excessively violent pain, pressure, bearing down, and even cramps and convulsions, which attend every access of the monthly period.

Treatment: During the interval between the periods give, every night, six pellets of SPECIFIC NO. ELEVEN. When the pain comes on, give six pellets of SPECIFIC No. THIRTY-ONE every hour, and continue their use until relieved. A few doses generally answer perfectly, and a perseverance in this course, using the SPECIFIC NO. ELEVEN between the periods and the SPECIFIC NO. THIRTY-ONE at the time, for some months, will not fail to cure.

For attacks of *Cramps, Spasms, or Hysteria,*

give six pills of SPECIFIC NO. THIRTY-ONE every hour until relieved, and then one dose at night to prevent a return.

For *Itching and Irritation about the parts*; (pruritis) take six pills of SPECIFIC NO. THIRTY-ONE each morning and night.

For *Headache during the Menses*, take the SPECIFIC NO. ELEVEN, six pills every two hours until relieved.

CHANGE OF LIFE.

The cessation of the menses, which usually occurs at from forty to forty-five years of age, is frequently attended with various disturbances of the system, such as flushes of heat, nervousness, paleness and debility, irregularities in the monthly flow, either too little, too profuse, or colorless discharge. Palpitations of the heart and throbbings are very common, and in many cases disease of the heart, degeneration of some part, or other serious disorder, dates from this period. Few ladies pass this crisis exempt from these or similar affections, while to many, they are not only very trying but even alarming.

Treatment: For the sufferings incident to this period the SPECIFIC NO. THIRTY-TWO, for *change of life* may be regarded as a cure. It

should be taken, six pills night and morning at first, and afterward once per day will be sufficient, and it may be continued as occasion requires until this entire period is safely passed.

LEUCORRHEA OR WHITES.

Few affections of females are more common than this. It consists of a discharge of mucus from the genital organs of the female, variously colored, and of different degrees of consistency. It is most commonly yellowish or white, sometimes reddish, mostly mild, yet sometimes acrid and excoriating, rendering the parts sore from the constant irritation. It is usually most profuse immediately before and after the menstrual period, and may continue during the entire menstruating life of the female, and is sometimes known even in young girls. Sometimes the discharge is slight and a matter of only trifling annoyance, while at others it is very copious, exhausting the system from the excessive drain, and rapidly undermining the constitution and bringing on in its train other evils even more harassing than itself.

Persons subject to this disease should carefully guard their feet and abdomen from sudden changes of temperature or extreme cold, take moderate exercise in the open air, avoid coffee

and exciting drinks or spices, highly-seasoned food, and take six pellets of SPECIFIC NO. TWELVE every night and morning. The use of a vial of this Specific with attention to the above simple directions, will, in most cases, afford relief. Sometimes the SPECIFIC NO. TEN may be taken every morning, and the SPECIFIC NO. TWELVE at night, with success.

If the *Leucorrhœa exists with too scanty menses*, or if leucorrhœa instead of the monthly menses occurs, the SPECIFIC NO. ELEVEN should be used instead of SPECIFIC NO. TWELVE.

TOO PROFUSE MENSES.

Often, especially in females subject to the whites, and dependent also upon a similar relaxed condition of the system, the menses are *too profuse*, returning again after a cessation of only ten, fourteen, or sixteen days, and flowing from five to ten days. Sometimes the secretion is scanty for some days, and then comes on very profuse, causing great prostration, faintness and debility, from which the patient has scarcely time to recover before a new attack comes on.

Women subject to this difficulty should

entirely abstain from coffee, wine, or other stimulants, so long as there is danger from this source. During the interval between the periods, take six pellets of SPECIFIC No. TWELVE every night on retiring, and the same of SPECIFIC No. TEN each morning.

After the menstrual discharge has continued a day or two, commence by taking six pills of SPECIFIC No. TWELVE morning and night, which continue until the flow ceases ; but if the discharge is very profuse from the first, the medicine may be commenced as early as the first day, and the SPECIFIC No. TWELVE may be alternated with the SPECIFIC No. TEN, six pills every three hours. When the discharge lingers for several days, six pellets of SPECIFIC No. TEN at night generally cuts it short.

In case there should be at any time an excessive flow amounting to hemorrhage, from whatever cause, twelve pills of SPECIFIC No. TWELVE should be dissolved in six spoonfuls of water, and one spoonful should be taken every hour, until the urgent symptoms are warded off, when the medicine may be administered at longer intervals. Of course the patient must remain quiet, and abstain from hot drinks, stimulants or any excitement at such times.

PROLAPSUS UTERI—BEARING DOWN.

This is also a very common complaint among women, affecting in some degree a considerable proportion of the sex. Sometimes it is only a trivial annoyance, coming on from severe fatigue or over-exertion, and soon passing off from rest and lying down; while at others, it is a constant and chronic affection, forbidding any considerable effort, and sometimes confining the subject for weeks or months to her room or couch. The prolapsus may exist in various degrees; sometimes only a slight displacement from the natural position of the womb occurs, and at others it may descend low down or even protrude.

It is usually attended with a feeling of weight and heaviness in the lower abdomen, lameness in the back or across the loins, and a sensation as if everything would fall out when standing. There is often a sensation of emptiness or faintness at the pit of the stomach, and sometimes difficulty in passing the water or stool.

When the prolapsus exists to such an extent that the womb protrudes, or can be readily reached, the patient should lie down, and the womb should be replaced by gentle pressure. Dissolve twelve pellets of SPECIFIC No.

TWELVE in six spoonfuls of water, of which one spoonful should be taken every two hours. In other cases where the displacement is less considerable, nothing need be done further than to take six pellets of SPECIFIC No. TWELVE, permitting it to dissolve in the mouth, every night on retiring, and the same of SPECIFIC No. TEN in the morning. This course, persevered in for a few weeks, avoiding fatigue, and over-work on the feet, will often relieve even obstinate cases of prolapsus. There may be cases of prolapsus which, from neglect, &c., require the use of supporters or mechanical appliances, but these should only be called in as a last resort, and are rarely needful.

CROUP.

Croup in children is usually a sudden and sometimes fatal disorder, and it is important to be acquainted with its symptoms, and to have a reliable remedy at hand with which to meet it. It often comes suddenly at night, after the child has been exposed, or out playing in a damp, rough wind during the day. The child wakes out of a sleep with a sudden *hoarse, barking cough*, often like the barking of a hoarse dog, and often, even at first, some degree of anxiety, and difficulty of breathing. In

some cases there are frequent returns of this hoarse cough, with little or no fever, or difficulty of breathing for some hours, or even a day or so; and at others, there is a high fever, quick pulse, and red face, from the first hour of the attack. As the fever increases, the cough returns in more frequent paroxysms, and the difficulty of breathing increases; often by turns, becomes wheezing, rattling, and in the worst cases, as if breathing through fine brazen pipes; and becomes, by degrees, loud, harsh, and is heard all over the room.

If the child gets better, the breathing becomes easier, softer, the rattling of mucus looser; if worse, finer and tighter. Toward the last, the head is thrown back to facilitate respiration, the larynx rises and falls with every breath, and the child is bathed in sweat by the suffering and effort.

These sudden cases, however, are not so bad, and usually soon yield to proper remedies. But the worst cases are those which come insidiously, the child being scarcely ill for two or three days, *little or no cough, or a mild, muffled cough, but very hoarse or whispering speech, or entire loss of voice*, the difficult breathing only coming on gradually. Such cases are highly dangerous.

Treatment: When an attack comes on with hoarse, croupy cough, either suddenly at night or at other times, dissolve at once twelve pellets of SPECIFIC NO. THIRTEEN in six dessert-spoonfuls of pure water, of which give one every half-hour at first, and then every hour as the child improves, keeping the child in-doors in a warm room, and protected from draughts of air for a day or two to prevent a relapse.

But, if with the croupy cough there is also *high fever, hot skin*, and some difficulty of breathing, prepare the SPECIFIC NO. ONE in the same manner as SPECIFIC NO. THIRTEEN, and give a dessert-spoonful every half-hour, alternately with the SPECIFIC NO. THIRTEEN, until the child is in a perspiration, and the fever is relieved, then the SPECIFIC NO. THIRTEEN may be continued alone at intervals of one or two hours, as the child improves.

When a hoarse or suspicious cough at night threatens an attack, three pellets of SPECIFIC NO. THIRTEEN, occasionally repeated, will usually ward off the danger.

In the worst cases, with hoarse cough, difficult, anxious, stridulous breathing, give the SPECIFIC NO. THIRTEEN and the SPECIFIC NO. ONE, prepared as above, a spoonful every half-hour alternately. Give no other medicines—

make no external applications, for these will do no good, and often impede the cure—only when the fever is high and difficulty of breathing great, bathe the child's feet and legs to the knees in quite warm water, and even its hands, for ten or fifteen minutes at a time then wiping dry and covering them warm to perspire. For some days after the attack, do not let the child go out, or be exposed to a draught of cold air, and during the attack give it no fruit.

To prevent a return of croup, or to destroy the predisposition which some children have to it, give three pellets of SPECIFIC NO. THIRTEEN morning and night, or after exposure.

ASTHMA.

We understand by Asthma, occasional paroxysms of difficult breathing, lasting from a few hours to several days, coming on at intervals, to be followed by remissions, during which the patient breathes with comparative ease. The attack returns again, either at regular intervals, or is provoked by exposure to cold, damp air, severe effort, or even mental emotions. During the attack, the respiration is labored, wheezing, sighing, loud, accompanied with anxiety and frequent cough. Sometimes the lips and face become bluish,

and toward its close, or even during its entire continuance, free expectoration of mucus.

The disease depends upon a variety of morbid conditions, usually chronic thickening, with extreme irritability of the mucous membrane of the air-passages; but it may also arise from disease of the heart or large vessels, and other similar organic changes.

The permanent cure will depend upon the curability of the original morbid condition, but in almost all cases benefit may be obtained by the use of the SPECIFIC NO. TWENTY-ONE, and many cases are permanently cured by it.

Directions: During the intervals, and to prevent a return of the paroxysm, take six pellets of SPECIFIC NO. TWENTY-ONE, morning and night.

During the paroxysm: First take six pills of SPECIFIC NO. TWENTY-ONE dry, and if not better in an hour, dissolve twelve pellets in a glass half-full of water, and of the solution take a dessert-spoonful every hour until relieved. If there is heat and feverish excitement of the system prepare SPECIFIC NO. ONE in the same manner and take alternately with the SPECIFIC NO. TWENTY-ONE.

CHRONIC CATARRH, OR COLD IN THE HEAD.

Catarrh is in most instances a chronic inflammation and thickening of the mucous or pituitary membrane lining the nasal cavities, and sometimes extending down into the air-passages.

Its principal symptom is a mucous discharge of various character, color, and consistency, sometimes thick and offensive, at others thin and acrid; there is often pain and heaviness across the forehead and upper part of the nose, sneezing and raising of mucus from the throat. It is usually worse in cold and changeable weather, and better when dry and warm.

In old or chronic cases of catarrh, when the symptoms are only moderate, six pellets of SPECIFIC NO. NINETEEN, taken four times per day, will be sufficient. But if the symptoms are more violent, with profuse discharge, pain in the head, dullness, or similar symptoms of acute catarrh or influenza, six pills may be taken every two hours. Patience and perseverance in the use of the Specific will cure most cases of chronic or obstinate catarrh.

When a CATARRH or COLD IN THE HEAD has come on from taking cold, wetting the

head, or other exposure, with sneezing, obstruction, or discharges from the head, take six pellets of SPECIFIC NO. NINETEEN every two hours at first, and then at longer intervals. In some cases, the SPECIFIC NO. SEVEN is equally successful, or may be alternated with the SPECIFIC NO. NINETEEN; especially where there is cough and irritation of the lungs, or air-passages. This is also the treatment for INFLUENZA, six pills every two hours, alternately, SPECIFICS NO. NINETEEN and NO. SEVEN.

AUTUMN CATARRH—HAY ASTHMA—ROSE CATARRH, are the various names by which a peculiar yearly recurring catarrhal affection is known. In some cases it comes on in June, with the advent of roses; in others with the first mowing of hay; but in the vast majority, on or about the 20th of August. The access is sudden, often attended with violent sneezing, repeated again and again, tearfulness, running from the eyes and nose of thin, irritating water; itching of the forehead, nose, eyes, and ears; general irritability and lassitude; redness and swelling of the eyelids and nose; and as the disease affects the chest or bronchial tubes of severe *dyspnœa* or *asthma*, sometimes preventing lying down, and for days and weeks keeping the patient in the greatest distress and peril.

The disease usually continues until the access of frosty weather; is better in high mountainous regions, at sea, or in pure air; and is aggravated by dust; riding in cars; the pollen of hay or flowers; and in low miasmatic regions. Sea-bathing is often beneficial, and a sea-voyage affords entire relief. It is difficult of cure, but the SPECIFIC NO. NINETEEN and SPECIFIC NO. EIGHTEEN may be used, six pellets in alternation, a dose every two hours, for the sneezing catarrh and running from the eyes, while the SPECIFIC NO. TWENTY-ONE will be effectual for the asthmatic attack, given by dissolving twelve pellets in half a glass of water, of which a spoonful may be taken every half-hour or hour according to circumstances. For the better treatment of HAY CATARRH, we have a special case of SPECIFICS with three vials of liquid, and with full directions, which may be obtained by sending to the Company. Price \$3.00.

WHOOPIING-COUGH.

Whooping-cough usually commences as a common cold, though from the first, the cough is rather more violent and spasmodic than in ordinary colds, and not until after ten or fourteen days does it assume the true distinctive

form of whooping-cough, with *severe shocks of cough in rapid succession, followed by a deep inhalation or whoop*. This disease, if uncured, will continue from six to twelve, or even fourteen weeks.

DIRECTIONS TO PREVENT WHOOPING-COUGH.—When children have been exposed, or begin to cough, give simply three pellets of SPECIFIC NO. TWENTY, four times per day.

FOR THE CURE.—Give three of the pills every four hours during the day. This is sufficient in ordinary cases, but if very severe, administer three pellets every two hours day and night, if awake. placing the pellets in the child's mouth, and then at longer intervals as the child improves. Should there be fever, or threatened inflammation of the air-passages, give the SPECIFIC NO. ONE in alternation with the SPECIFIC NO. TWENTY, prepared in water, twelve pellets of each, in six spoonfuls of water separately, of which give a spoonful every hour, alternately. Give the child light diet, no meat, cake, rich or heavy food, but an abundance of mucilaginous drinks—rice-water, barley-water, gum-water or Irish moss tea. The disease will thus run a *short*, mild, and *safe* course, as the experience of thousands of cases amply testify.

RHEUMATISM.

Rheumatism appears mostly in two forms—the acute or inflammatory, and the chronic. *Acute Rheumatism* usually comes on after exposure to rough, damp, cold weather, and often from labor, or exertion during exposure. It is associated with fever, painful tenderness, soreness, lameness, and swelling of the affected part, and the disease is liable to shift from one part of the system to another. It is mostly confined to the joints and extremities, but sometimes falls upon the chest or heart, especially if blisters or powerful applications are made to the affected part.

Treatment: At the first symptoms of *acute rheumatism*, with soreness, lameness, and pain in the part, six pellets of SPECIFIC NO. FIFTEEN should be taken every hour, and the patient should remain in-doors, and keep quiet until relieved. If fever, heat, and swelling of the part has already come on, or a chill succeeded by heat, prepare SPECIFIC NO. ONE by dissolving twelve pellets in half a glass of water, of which give a large spoonful every hour for a day, and then prepare the SPECIFIC NO. FIFTEEN in the same manner, and take of the two alternately at intervals of two hours.

These medicines should be continued from day to day, until the disease is broken up, preparing the two Specifics fresh every morning. Sometimes applications of cloths wrung out of tepid water, and laid on the part, are very soothing. Cold water, however, applied to the part is very liable to cause its falling upon the heart, and thus often ending with fatal results. Salves, ointments, etc., are rarely useful. The MARVEL of HEALING or HAMAMELIS is a most valuable application for the inflamed and swelled parts, and may be applied according to directions on each bottle. ARNICA is often useful but not equal to the MARVEL.

For *Chronic Rheumatic Pains* in the shoulders, arms, hands, knees, or feet, take six pellets of SPECIFIC No. FIFTEEN four times per day until relieved. If there is stiffness, lameness, or contraction of the tendons, rubbing the part night and morning with the WITCH HAZEL OIL is invaluable.

For *Lumbago*, or painful rheumatic stiffness across the loins and back, take SPECIFIC No. FIFTEEN as above.

Pains, stingings, stitches, or soreness about the chest or elsewhere, soon yield to the SPECIFIC No. FIFTEEN, taken as above.

For *Sciatica*, or pain extending along the

course of the sciatic nerve, from the hip along down to the leg and foot, take the SPECIFIC No. FIFTEEN, six pellets four times per day. The most obstinate cases have been cured by this SPECIFIC.

In all cases of RHEUMATISM or RHEUMATIC PAIN, or SCIATICA, when the SPECIFIC No. FIFTEEN fails to afford the desired relief, it should be alternated with the SPECIFIC No. ONE.

The consequences of a fall, shock, contusion, or of a wrench, overstraining, or excessive labor or exertion, soon yields to the same treatment.

Rheumatic patients should use largely, in their diet, of fruit, apples, grapes, pears, berries, either eaten alone or with milk, and vegetables, and little or no meat. The acid of fruit is a valuable curative for all forms of this disease, and should be partaken of freely.

ERUPTIONS OF THE SKIN.

It has been common to treat eruptions by means of applications directly to the surface, which is the particular seat of the disease. But the human system being a unit it follows, that no eruption can form upon the surface without the co-existence of a certain morbid condition of the system. Hence the propriety of treating all such eruptions with internal remedies alone.

and hence the brilliant results which have attended this method of treatment. It is often not difficult to repel an eruption from the surface by active medicinal applications: but the disease is thus rarely cured, merely *repelled*, to fall upon some other organ or surface, and is generally as much worse than the former condition, as its new location is more unnatural and more difficult of cure. Hence for all such forms of disease, we prescribe nothing for the surface involved beyond proper care and cleanliness, and only advise the internal use of the Specific for such forms of disease. A cure will then result naturally, permanently and without injury to the system.

The SPECIFIC NO. FOURTEEN will be most advantageously employed for the following forms of eruptive disease:

ERYSIPELAS, either acute or chronic. The acute form often appears on the face, commencing on one cheek or ear, and passes over the face or scalp like a fire, with redness, swelling, itching, heat and burning, and is followed by desquamation or scaling off of the surface. Often blisters or vesicles arise, filled with yellow serum, which burst, covering the surface with thickish crusts. In such acute cases, dissolve twelve pellets of the SPECIFIC NO. FOUR-

TEEN in six dessert-spoonfuls of water, of which give one spoonful every two hours until the disease is cured. Make no application to the surface, live on vegetable soups, toast water, but no meat or meat broths. The disease usually will pass off quietly and safely in three or four days.

In the chronic form, where simple red patches appear from time to time, either on the legs, face, or other parts of the system, with itching and burning, six pills of SPECIFIC No. FOURTEEN four times per day, will be sufficient.

Shingles, a form of visecular Erysipelas, which comes out in small blisters on the breast or sides, extending partly around the body like a belt, requires six pellets of SPECIFIC No. FOURTEEN, four times per day.

For NETTLE RASH, with reddish spots, which resembles mosquito stings, attended with burning and itching, and appear mostly in children, give six pellets of SPECIFIC No. FOURTEEN every four hours. If the eruption is very itching and troublesome, alternate the SPECIFIC No. ONE with the former at intervals of two hours.

For Tetters, scabby, crusty eruptions on the face, around the mouth, on the ears, cheeks or forehead, with rough, scaly, chapped skin, at-

tended with itching and burning, and when the crusts fall off, leaving an angry, sore surface, upon which the crusts form anew—for all such eruptions, whether called herpes, tetters, milk crusts, salt rheum, barber's itch, or what not, give to adults six pellets, or to children three pellets of SPECIFIC No. FOURTEEN night and morning. Sometimes the eruptions gets worse at first; if so, the medicine may be omitted for three or four days, and then be taken only every day for a time. This treatment persevered in will, in time, radically cure the disease.

For SCALD HEAD, where the eruption is either dry, scurfy, cutting off the hair, or moist with eruption of pustules on a red base, and discharge of thick, yellowish matter, forming thick crusts and extending in patches over the head—give six pellets of SPECIFIC No. FOURTEEN three times per day. Shingle off the hair if it is difficult to keep clean, and if sore or excoriated, be cautious about the application of soap or water. The less moisture applied to the sore surface of the head, the better.

For SALT RHEUM on the hands, feet, legs, arms, or elsewhere, if chronic or of long standing, take six pellets of SPECIFIC No. FOURTEEN night and morning.

For ACNE, or PIMPLES on the face and fore-

head of young people, which often appears in the form of small red pimples, sometimes slightly inflamed, and frequently with a black point or head, and often continuing for years, take six pellets of SPECIFIC NO. FOURTEEN night and morning, or, if the face or pimples are red, take SPECIFIC NO. THIRTY-FIVE morning, and SPECIFIC NO. FOURTEEN at night. If the eruption is driven from the face by applications, it is liable to be followed by grave pulmonary disease. Such applications are, moreover, unnecessary, as the eruption can be entirely cured by the SPECIFICS NO. FOURTEEN and THIRTY-FIVE, if perseveringly used.

SUPPURATING AND IRRITATIVE ULCERS on the body and limbs, which secrete an offensive matter, have been perfectly cured by taking the SPECIFIC NO. FOURTEEN, six pellets three times per day.

Old ulcers on the legs, or other parts of the system, are often cured in the same manner. Should any application be necessary, HUMPHREYS' WITCH HAZEL OIL is the best. Apply the OIL on a clean rag over the ulcer and bind over it the proper bandage, rolling it from the toes upward over the entire sore, or yet better, apply an elastic stocking. The dressing should be changed daily. In some obsti-

nate forms of ulcers, the alternate use of SPECIFICS NO. TWENTY-THREE and NO. FOURTEEN, morning and night, is necessary, six pellets at a dose.

Chapped hands or lips require the SPECIFIC NO. FOURTEEN, six pellets night and morning, and apply WITCH HAZEL OIL, or glycerine.

INFLAMED AND SORE EYES AND EYELIDS.

When an acute attack of OPHTHALMIA or INFLAMED EYES occurs, with pain, dread of light, flow of tears, and inflamed appearance of the eye-ball, dissolve twelve pellets of SPECIFIC NO. EIGHTEEN in a glass half full of pure water, of which take a spoonful every three hours. Also dissolve twelve pellets of the same Specific in a tea-cup of pure, *soft* water, and with this bathe the affected eye from time to time. A yet better lotion for sore or weak eyes is made by adding a tablespoonful of the MARVEL OF HEALING to a tea-cup half full of pure, soft water, and with this bathe the eyes every three hours. Continue this from day to day, until cured. The eyes should not be exposed to the glare of strong light, or be taxed by reading or sewing.

In cases of chronic inflammation of the eyes

or eyelids, bathe the eyes as above directed three or four times per day, and take six pills of SPECIFIC NO. EIGHTEEN dry, on the tongue, night and morning.

Persons suffering from weak, inflamed, or sore eyes, should live on plain, light food, but little meat or spiced food, and no coffee. Plenty of exercise in the open air, but nothing to overheat or fatigue the system.

STYE on the eyelids is usually promptly cured by taking six pellets of SPECIFIC NO. EIGHTEEN, four times per day.

WEAK AND DEFICIENT SIGHT.

For the treatment of *weak eyes, failing, deficient, blurred, or weak sight*, simply take six pellets of SPECIFIC NO. EIGHTEEN night and morning. Also frequently bathe the eyes and around the eyes with cold water, or diluted MARVEL OF HEALING, avoid straining or fatiguing the eyes by fine work, reading fine print, or any long continued effort of the eyes, and also the use of glasses which fatigue or weary the eyes. And especially avoid taxing the eyes when the body is weak and enfeebled.

This treatment not unfrequently improves the sight, and will prevent its premature failure, and the early resort to glasses in very many cases.

DISCHARGES FROM THE EAR—EARACHE.

Not unfrequently as the result of Scarlet Fever, Measles, or from Mercurial poisoning or Scrofula, discharges take place from the ear, either of pus or puriform mucus. Often during this morbid condition of the ear a slight cold induces an inflammatory action and pain, resulting after a time in a fresh discharge from the ear. These frequently recurring discharges generally terminate in noises in the head, partial deafness, or even entire loss of hearing.

For DISCHARGES from the EAR, either in adults or children, simply give six pellets of SPECIFIC NO. TWENTY-TWO, morning on arising, and at night on retiring. Time must be allowed, in connection with the medicine, to perfect the cure.

For HARDNESS OF HEARING, NOISES, or RINGING IN THE EARS, give six pills of SPECIFIC NO. TWENTY-TWO morning and night. The most gratifying effects are sometimes produced.

For EARACHE, six pills every hour of SPECIFIC NO. TWENTY-TWO, until relieved. Sometimes the SPECIFIC NO. ONE, or the SPECIFIC NO. THREE, or SPECIFIC NO. SEVEN, may be alternated, with prompt relief.

Injectons of water and castile soap for the

ears are generally injurious, and should only be resorted to for purposes of cleanliness, if at all.

The SPECIFIC NO. TWENTY-TWO will also be found very efficient for slow growth, feebleness and scrofulous affections of children. Four pellets night and morning.

SCROFULA.

SCROFULA is usually considered as a constitutional vice of the system, manifesting itself in enlargement and induration of the glands, which may subsequently soften and ulcerate; enlargement, curvature, or softening of the bones; or in the form of eruptions and ulcerations of the surface. The swelling of the glands is most frequently manifested about the neck, beneath the ears or jaws, in the form of firm, hard, painless lumps. Scrofula not unfrequently complicates other forms of disease, and renders them obstinate.

Its eradication from the system requires time and perseverance, but may be accomplished by the use of the SPECIFIC NO. TWENTY-THREE. Recollect that a life-long constitutional taint requires time as well as proper medicine for its cure; and if eradicated in one or two years, the patient has reason for congratulation. Old School medicine and Quackery absolutely do nothing to cure it.

Treatment: For ENLARGED GLANDS about the neck, or in the arm-pits, groins, or other parts of the system, take six pellets of SPECIFIC NO. TWENTY-THREE, morning and night; and if the swellings are painful or discharge, take the medicine four times per day.

For OLD TUMORS, take of SPECIFIC NO. TWENTY-THREE, six pellets morning and night.

For ENLARGED TONSILS, take six pellets of SPECIFIC NO. TWENTY-THREE, morning and night; and if the Tonsils or Throat are sore and inflamed, take the SPECIFIC NO. ONE, six pills every two hours, until the soreness is subdued, then return to the use of the SPECIFIC NO. TWENTY-THREE again, or use the two alternately every four hours.

For the various forms of SCROFULOUS ERUPTIONS, take six pellets of SPECIFIC NO. TWENTY-THREE, morning and night.

OLD ULCERS require the use of the WITCH HAZEL OIL, and bandaging the limb. See page 106.

DROPSY.

It should be remembered that DROPSY—an accumulation of fluid within some cavity or portion of the system—is itself less a disease than the result of some morbid process or disease which has preceded it. Hence the cure

of the dropsy must depend upon the curability of the original morbid process from which the fluid results. In many instances, however, the increased action of the skin and kidneys continued for some days, results in carrying off the fluid, thus relieving the system of a burden, and better enabling us to apply medicines to the cure of the original difficulty.

In cases of dropsy, whether of the chest, heart, abdomen, or extremities, take six pellets of SPECIFIC NO. TWENTY-FIVE four or six times per day, according to the urgency of the case. The pills act best dissolved in water.

Eat fresh, relaxing food, and live in a mild, dry atmosphere, using no other medicine.

DISEASE OF THE HEART.

Is generally manifested by palpitation or other irregular action of the heart; difficulty of going up stairs, or ascending a hill; suffocative turns; inability to sleep with the head low, and similar symptoms of impeded or oppressed circulation. Some cases of organic disease of the heart are incurable; but all may be benefitted, and cases of functional diseases of this organ are within the reach of appropriate remedies and proper regime.

Treatment: Avoid excitement, severe effort,

running, mounting stairs, or whatever may occasion violent or irregular action of the heart, and take six pellets of SPECIFIC NO. THIRTY-TWO night and morning, or even four times per day. For *simple palpitation of the heart*, six pills will usually suffice; if not soon relieved, alternate with the SPECIFIC NO. ONE at intervals of an hour, until the attack passes over, then go on with the SPECIFIC NO. THIRTY-TWO.

SEA-SICKNESS.

The peculiar sickness and utter wretchedness and prostration experienced by persons on first going to sea, and even in a measure by some persons from riding in a car, stage or wagon, is so well-known as not to require description.

It can, however, in most cases be cured by the SPECIFIC NO. TWENTY-SIX taken as follows:

Previous to sailing, as a preventive, the SPECIFIC No. TWENTY-SIX should be taken, six pills every four or six hours, permitting them to dissolve on the tongue, beginning several hours before sailing.

After sailing for the first two or three days, take six pellets every four or six hours; and should there, notwithstanding, be severe sickness, vertigo, nausea, or vomiting, dissolve twelve pellets in half a glass of water, and take

a dessert-spoonful every hour, continuing until the sickness abates.

For sickness, nausea, or vomiting, from riding in a carriage or cars, or similar motion, take six pellets of SPECIFIC NO. TWENTY-SIX, every hour until relieved.

GENERAL DEBILITY.

GENERAL DEBILITY, or Physical Weakness, is usually the result of some diseased action or sickness, or of some drain upon the system beyond its power of recuperation. The symptoms are varied—weakness, easy fatigue, weak or lame back, sweat on going to sleep, vertigo, singing in the ears, starting on going to sleep, are among the more frequent manifestations.

The first element of a cure is to arrest the drain, and restore the wasted substance by means of proper nourishing diet and regimen—food which is nutritious, easily assimilated, and appropriate in quality and quantity, and good air and reasonable exercise.

While this is being done, the SPECIFIC NO. TWENTY-FOUR may be taken, six pills four times per day, permitting them to dissolve in the mouth.

Should there be indigestion or similar disorder, the remedy appropriate for that condition, the SPECIFIC NO. TEN may be taken alternately with the SPECIFIC NO. TWENTY-FOUR.

SPASMS, EPILEPSY, CHOREA, ETC.

Spasms or convulsions occurs in children or adults from some transient irritation, such as teething, indigestible substances in the stomach, or congestion to the head, or even from fever or extreme nervous excitement. There is a sudden straightening of the body, cramping of the limbs, holding the head back or on one side, drawing in of the thumbs, distortion of the eyes, arrest of breath and loss of consciousness, etc., after which the muscles become relaxed, and the patient sinks into a sound sleep, from which he awakes restored. But in cases of children, or when the irritating cause has not been removed, the spasm may return again, or even several times. Some families of children are subject to fits, and to them it is a matter of less consequence.

In true EPILEPSY there is loss of consciousness during the fits, and they recur at intervals, leaving the system comparatively free in the interval.

Treatment: During the attack of convulsions it is better to wait; but if the patient does not come out readily, put the feet in warm water, and apply cold wet cloths or cold water to the head, and if the spasm has been induced by indigestible food, oranges, candies, or sweat.

meats, especially in children, give a large injection of warm water, repeated until free evacuations of the bowels take place. Meantime, give the SPECIFIC No. THIRTY-THREE, six pellets alternately with SPECIFIC No. ONE, every hour until all excitement of the system passes off; then six pills of SPECIFIC No. THIRTY-THREE morning and night.

TO CURE EPILEPSY: During the interval between the attacks, give six pellets morning and night, of the SPECIFIC No. THIRTY-THREE, and avoid all exciting causes of the attack. In old chronic cases of EPILEPSY or Fits, give six pellets of SPECIFIC No. THIRTY-THREE each night, and the same of SPECIFIC No. THIRTY-FIVE each morning.

CHOREA, or ST. VITUS'S DANCE, is manifested by uneasiness, twitching or jerkings of the limbs, or drawing of the muscles of the face, trembling, inability to hold things, or to feed one's self, or to swallow food without difficulty, or sometimes even to talk.

FOR THE CURE—Give six pellets of SPECIFIC No. THIRTY-THREE, four times per day. In severe or protracted cases, give six pellets of SPECIFIC No. THIRTY-FIVE before breakfast and before supper, and the same of SPECIFIC No. THIRTY-THREE before dinner and at night.

HYSTERIA, or other forms of convulsions, require the same treatment.


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
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
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
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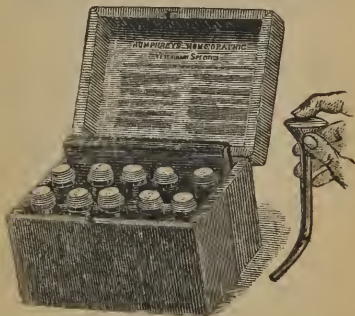
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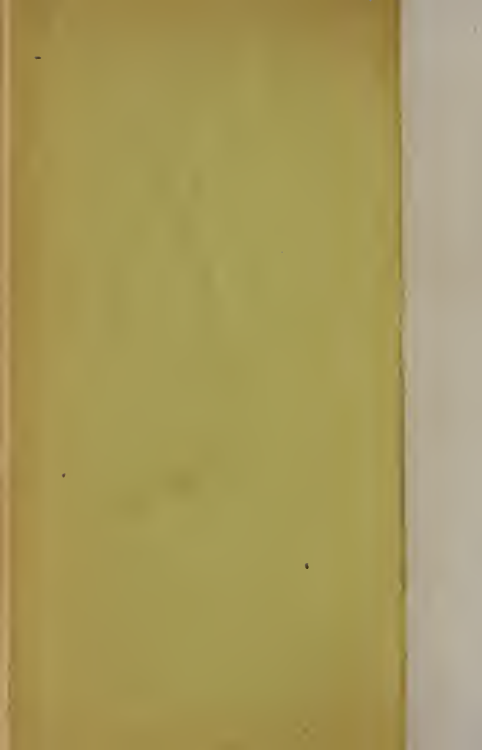
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